

# Digital Health Technologies And Therapeutics in Physical Therapist Practice



**HOD P08-22-07-10** [Position]

The American Physical Therapy Association believes digital health technologies and therapeutics have the potential to augment physical therapist practice by expanding access, enhancing care delivery models, promoting safety, and improving outcomes when all of the following criteria are met:

- Physical therapists, in collaboration with the patient or client, shall determine the optimal modes to access physical therapist services, whether this is in person, remotely, or some combination.
- A physical therapist is responsible for all aspects of patient and client management.
- Physical therapist services shall be conducted in a manner that allows for patient and client engagement and supports the therapeutic alliance (i.e., fosters participation in the patient and client-provider relationship).
- The physical therapist and the physical therapist assistant adhere to scope of practice, including requirements that are based on the jurisdiction in which the patient or client is located when receiving physical therapist services.
- Physical therapist services shall be provided consistent with appropriate direction and supervision requirements of assistive personnel and other support personnel, as well as all relevant Association policies, positions, and binding ethical documents.
- Physical therapy is represented, provided, and promoted only when it meets term and title protections as defined in state law and in accordance with federal health, communications, and trade authorities.

**Explanation of Reference Numbers:**

HOD P00-00-00-00 stands for House of Delegates/**month/year/page/vote** in the House of Delegates minutes; the "P" indicates that it is a position (see below). For example, HOD P06-17-05-04 means that this position can be found in the June 2017 House of Delegates minutes on Page 5 and that it was Vote 4.

E: Binding Ethical Document | P: Position | Y: Policy

**Last Updated:** 10/26/2022

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