

# American Physical Therapy Association Recognized as a Healthy People 2030 Champion



*Physical Therapy Profession Shows Its Value in Helping People Maximize Their Quality of Life*

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Alexandria, VA — The American Physical Therapy Association is pleased to be recognized for its leadership in health and wellness by the U.S. Department of Health and Human Services as a [Healthy People 2030 Champion](#). As a recipient of this honor, APTA has demonstrated a commitment to helping achieve the Healthy People 2030 vision of a society in which all people can reach their full potential for health and well-being across their lifespans.

"APTA's vision is rooted in the idea of transforming society through improved health — and that includes an emphasis on prevention and wellness for everyone," said APTA CEO Justin Moore, PT, DPT. "The objectives of the Healthy People 2030 Champion campaign align perfectly with our own direction. We're proud of this recognition and look forward to pursuing shared goals."

Launched by HHS' Office of Disease Prevention and Health Promotion, the Healthy People 2030 program [sets objectives to improve health and well-being](#) over a decade. The objectives are wide-ranging, addressing not only health conditions but also health behaviors, individual populations, health settings and systems, and social determinants of health.

"ODPHP is thrilled to recognize the American Physical Therapy Association for its work to support the Healthy People 2030 vision," said Rear Adm. Paul Reed, MD, ODPHP director. "Only by collaborating with partners nationwide can we achieve Healthy People 2030's overarching goals and objectives."

As a Healthy People 2030 Champion, APTA joins organizations including the American Lung Association, the Council on Black Health, the Susan G. Komen Breast Cancer Foundation, and the American Occupational Therapy Association.

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The American Physical Therapy Association represents more than 100,000 physical therapists, physical therapist assistants, and physical therapy students nationwide. Visit [apta.org](http://apta.org) to learn more.

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