



HONORS & AWARDS

DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD

2016

LINDA KOEHLER

2014

POONAM K. PARDASANEY

2013

POONAM K. PARDASANEY

2012

ALEXIS A. WRIGHT

2011

PAMELA DUNCAN

DORIAN K. ROSE

KATHERINE J. SULLIVAN

JULIE K. TILSON

2010

TINA STOECKMANN

KATHERINE J. SULLIVAN

2009

SANDRA A. BILLINGER

2008

LARISA REED HOFFMAN *

2007

NANCY C. LANDGRAFF *

2006

JILL C. HEATHCOCK *

MICHELE A. LOBO *

2005

BETH L. TIEMAN *

2004

JANINE HATCH *

LINDA RESNIK *

2003

ROSEMARY BLAU *

SARAH BOLUS *

TERRENCE CAROLAN *

ELIZABETH NASH DUDLEY *

JUDY FLEGEL *

ROSALIE B. LOPOPOLO *

2002

SUSAN M. BAKER *

MICHAEL E. COX *

CLAUDIA A. KNIGHT *

CARRIE R. RUTLEDGE *

JULIE E. SHERRY *

2001

SOLVEIG A. ARNADOTTIR *

G. KELLEY FITZGERALD *

CHRISTOPHER M. POWERS *

2000

NOELLE A. DESIMONE *

JANET K. FREBURGER *

1999

JULIE M. FRITZ *

MARY EILEEN MURNEY *

JOSEPH S. ROGERS *

1998

SUSAN L. HEALD *

JULIE E. HOLLMAN *

KEITH TAYLOR *

1997

TERESA J. CLARK *

DIANE JETTE

DINA L. JONES *

1996

DIANE DAMIANO *

DESPINA K. PAPOULIDIS *

TERESA K. TRIMBLE *

1995

HEIDI J. INDERGAND *

DIANE JETTE

1993

PATRICIA GRIEGEL-MORRIS *

IRENE R. MCEWEN *

KRISSANN MUELLER-KLAUS *

KEITH TAYLOR *

* A biography and photo are not available

† Recipient is deceased



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1992

CAROL I. LEIPER *
JANET COLLINS SIEGEL *
ELAINE J. TRIPP *

1991

JOSETTE A. BETTANY *

1990

M. KATHLEEN KELLY *

1989

STAN GARN *
CAROLYN HERIZA *

1988

ANN WOODWARD KRAUSE *
DEBORAH E LECHNER *
THOMAS M. MOHR *

1987

JOHN O. BARR *
STEPHEN M. HALEY †*
ANTHONY C. OLIVERI *

1986

PATRICIA C. MONTGOMERY *
MEGAN BINDER QUAIN *
TERESA M. STEFFEN *

1985

MARK W CORNWALL *
ROBIN M. VILI *

1984

CHARITY ANN JOHANSSON *
D JOYCE WHITE *

1983

CATHERINE A. HINTON *

1982

ELLEN L. CURRY *

1981

KAREN KENDRICK CLAUNCH *
CAROL B. LORIA *

1980

NANCY I. KEMP *
CAROL A. SCHOLZ *

1979

MARGARET ELY PRINGLE *
JEFFREY G ROTHMAN *

1978

DOUGLAS D. ELY *

1977

ROBERT M. KANTNER *

1976

RONALD BUGAJ *

1974

JOHN B. WADSWORTH *

1973

NANCY URBSCHAIT *

1972

SHELBY J. CLAYSON *
MARTHA ANNE CLENDENIN *

1971

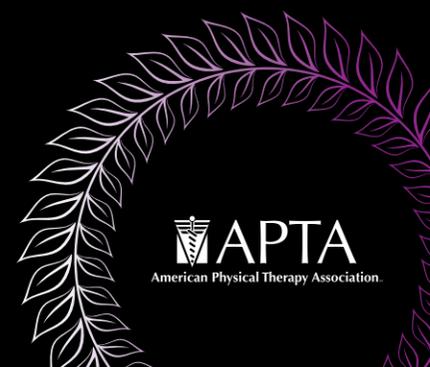
EUGENE MICHELS †*

1970

MARY ELIZABETH LUCAS *

* A biography and photo are not available

† Recipient is deceased



2016
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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



LINDA KOEHLER, PHD, PT, CLT-LANA

Linda Koehler, PhD, PT, CLT-LANA, is recognized as the primary author of "Movement, Function, Pain and Postoperative Edema in Axillary Web Syndrome." The other authors of this work are Anne H Blaes, Tuffia C Haddad, David W Hunter, Alan T Hirsch, and Paula M Ludewig. Koehler is associated with the Program in Physical Therapy, Physical Medicine and Rehabilitation Department and Masonic Cancer Center, University of Minnesota Medical School.

Axillary web syndrome (AWS) may develop following breast cancer surgery and presents as a palpable axillary cord of tissue. The purposes of this study were to determine the clinical characteristics of AWS related to movement, function, pain, and postoperative edema; and to define the incidence of and risk factors for AWS within the first 3 months following breast cancer surgery. The study found that 17 women (47.2%) developed AWS, and AWS persisted in 10 participants (27.8% at 12 weeks). Abduction range of motion was significantly lower in the AWS group compared with the non-AWS group at 2 and 4 weeks. There were no differences between groups in measurements of function, pain or edema at any time point. The article concluded that AWS is prevalent following breast/axilla surgery for early-stage breast cancer and may persist beyond 12 weeks. The early consequences include movement restriction, but the long-term effects of persistent AWS cords are yet unknown. Low body mass index is considered a risk factor for AWS.

APTA is pleased to recognize Koehler's study, article, and findings with the Dorothy Briggs Memorial Scientific Inquiry Award.

Koehler LA, Blaes AH, Haddad TC, et al. Movement, function, pain, and postoperative edema in axillary web syndrome. *Phys Ther.* 2015;95:1345-1353.

ACKNOWLEDGEMENT:

I will forever be grateful for the outstanding mentorship and support that Dr. Paula Ludewig has provided me, of which led up to this publication and award. Her guidance has enhanced my writing and research skills preparing me for a scientific future. I would also like to thank Dr. David Hunter for his mentorship, commentary, and encouragement. I extend my appreciation to Dr. Anne Blaes, Dr. Tuffia Haddad, and Dr. Alan Hirsch for their support and feedback especially during my writing process. I would like to give a very special thanks to all the generous patients who participated in the study because without them this manuscript would not have been possible. I dedicate this award to my family for their unconditional love and support.

2014
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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



POONAM PARDASANEY, PT, DPT, MS, ScD

Poonam Pardasaney, PT, DPT, MS, ScD, is the author of "Conceptual Limitations of Balance Measures for Community-Dwelling Older Adults," which appeared in the October 2013 issue of *Physical Therapy*. The study's co-authors are Mary D. Slavin, Robert C. Wagenaar, Nancy K. Latham, Pengsheng Ni and Alan M. Jette.

Pardasaney and colleagues conducted a systematic review including an item-level content analysis of balance measures for community-dwelling elderly people, and created profiles of individual measures summarizing their task and environment representation. A literature search identified balance measures. Item-level content analysis was based on 7 criteria related to task and environment. The study concluded that existing balance measures focus on single-task assessment in static environments, underrepresenting postural control demands in daily-life situations. Individual balance measure profiles provided can help identify the most appropriate measure for a given purpose.

Pardasaney PK, Slavin MD, Wagenaar RC, Latham NK, Ni P, Jette AM. Conceptual limitations of balance measures for community-dwelling older adults. *Phys Ther*. 2013;93(10):1351-68.

ACKNOWLEDGEMENT

I would like to thank my dissertation chair, Dr. Alan Jette, for his mentorship and guidance during preparation of this manuscript. I would like to thank my co-mentor, Dr. Mary Slavin, for her assistance with data coding, and guidance during manuscript preparation. I would also like to acknowledge my co-mentors, Drs. Nancy Latham, Penghseng Ni, and the late Dr. Robert Wagenaar for their mentorship during manuscript preparation; and Dr. Kathleen Gill-Body for manuscript review and consultation. Finally, I would like to dedicate this award to my family for their support and encouragement in all my professional endeavours.

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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



POONAM PARDASANEY, PT, DPT, MS, SCD

Poonam Pardasaney, PT, DPT, MS, ScD conceptualized and implemented a secondary analysis that highlights the important methodological limits of existing balance measures for use with community-dwelling older adults. She is the primary author of article on the topic that lays the foundation for the development of improved measures of late-life balance. Her co-authors were Nancy Latham, PT, PhD; Alan M. Jette, PT, PhD, FAPTA; Robert Wagenaar, PhD; Pengsheng Ni, MD, MPH, Mary D. Slavin, PT, PhD; and Jonathan F. Bean, MD, MPH.

The aim of the study was to compare floor and ceiling effects, sensitivity to change, and responsiveness across four balance measures in community-dwelling elderly people with functional limitations. Retrospective data from a 16-week exercise trial were used. Secondary analyses were conducted on the total sample and by subgroups of baseline functional limitation or baseline balance scores. The study concluded that important limitations, including ceiling effects and relatively low sensitivity to change and responsiveness, were noted across all balance measures, highlighting their limited utility across the full spectrum of the community-dwelling elderly population. New, more challenging measures are needed for better discrimination of balance ability in community-dwelling elderly people at higher functional levels. APTA is pleased to present Dr. Pardasaney with the Dorothy Briggs Memorial Scientific Inquiry Award.

Pardasaney PK, Latham NK, Jette AM, et al. Sensitivity to change and responsiveness of four balance measures for community-dwelling older adults. Phys Ther. 2012;92-388-397.

ACKNOWLEDGEMENT

I would like to express my appreciation to my doctoral mentor, Dr. Alan Jette, for enhancing my scientific writing, critical thinking, and research skills through his excellent mentorship, and for his close guidance during preparation of this manuscript. I would also like to thank my doctoral co-mentors, Drs. Nancy Latham, Penghseng Ni, Mary Slavin, and the late Dr. Robert Wagenaar for their mentorship and guidance, culminating in this publication. I would like to acknowledge Dr. Jonathan Bean for providing data and other support for this publication. Finally, I would like to dedicate this award to my family for their invaluable support and encouragement in all my professional endeavours.

2012
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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



ALEXIS A. WRIGHT, PT, PHD, DPT, FAAOMPT

Alexis A. Wright, PT, PhD, DPT, FAAOMPT, is the primary author of "Predictors of Response to Physical Therapy Intervention in Patients with Primary Hip Osteoarthritis." Her co-authors were Chad E. Cook, PT, PhD, MBA, FAAOMPT, Timothy W. Flynn, PT, PhD, OCS, FAAOMPT, G. David Baxter DPhil, BScPT, MBA, and J. Haxby Abbott PhD, MScPT, FNZCP.

Few studies have investigated or identified common clinical tests and measures as being associated with progression of hip osteoarthritis (OA); fewer still are longitudinal studies exploring prognostic variables associated with long-term outcome following physical therapy treatment. The purpose of this study was to determine a set of prognostic factors that maximize the accuracy of identifying patients with OA likely to demonstrate a favorable response to physical therapy intervention.

Wright AA, Cook CE, Flynn TW, Baxter GD, Abbott JH. Predictors of response to physical therapy intervention in patients with primary hip osteoarthritis. Phys Ther. 2011;91(4).

ACKNOWLEDGEMENT

First and foremost I would like to thank my co-authors, Dr. J. Haxby Abbott, Dr. Chad Cook, Dr. David Baxter, and Dr. Tim Flynn for their support and encouragement during the preparation of this manuscript. To my mother and father who instilled in me a work ethic to always put forth my best effort in everything I do. To my friends and colleagues, Dr. Eric Hegedus and Dr. Chad Cook who believed in me and offered me opportunities early in my career to grow and develop as a professional, I thank you. And to my friends who have always offered support and encouragement throughout my career, your support has sustained me and I thank you.



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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD

PAMELA DUNCAN, PT, PHD, FAPTA

Julie K. Tilson, PT, DPT, MS, NCS, Katherine J. Sullivan, PT, PhD, FAHA, Dorian K. Rose, PT, PhD, and Pamela Duncan, PT, PhD, FAPTA, are authors of *“Meaningful Gait Speed Improvement During the First 60 Days Poststroke: Minimal Clinically Important Difference.”*

When people with stroke recover gait speed, they report improved function and reduced disability. However, the minimal amount of change in gait speed that is clinically meaningful and associated with an important difference in function for people poststroke has not been determined. The purpose of this study was to determine the minimal clinically important difference for comfortable gait speed associated with an improvement in the modified Rankin Scale score for people between 20 and 60 days poststroke. The paper determined that clinicians can use this reference value to develop goals and interpret progress in patients with subacute stroke.

Tilson JK, Sullivan KJ, Cen CY, Rose DK, Koradia CH, Azen PA, Duncan PW for the LEAPS Investigative Team. Meaningful gait speed improvement during the first 60 days post stroke: Minimal Clinically Important Difference. Phys Ther. 2010 Feb; 90(2).



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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD

DORIAN K. ROSE, PT, PHD

Julie K. Tilson, PT, DPT, MS, NCS, Katherine J. Sullivan, PT, PhD, FAHA, and Dorian K. Rose, PT, PhD, are authors of "Meaningful Gait Speed Improvement During the First 60 Days Poststroke: Minimal Clinically Important Difference."

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Tilson JK, Sullivan KJ, Cen CY, Rose DK, Koradia CH, Azen PA, Duncan PW for the LEAPS Investigative Team. Meaningful gait speed improvement during the first 60 days poststroke: minimal clinically important difference. Phys Ther. 2010. 90(2):196-208.

2011
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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



KATHERINE J. SULLIVAN, PT, PHD, FAHA

Julie K. Tilson, PT, DPT, MS, NCS, Katherine J. Sullivan, PT, PhD, FAHA, and Dorian K. Rose, PT, PhD, are authors of "Meaningful Gait Speed Improvement During the First 60 Days Poststroke: Minimal Clinically Important Difference."

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ACKNOWLEDGEMENT

It is a great honor for me to receive this award with my co-author Dr Tina Stoekmann. One of the greatest challenges in the scientific inquiry process is to design and implement a study that has the potential to answer a clinically relevant and meaningful physical therapy question that can advance rehabilitation science. Then the hard part begins. The writing process takes tenacity, resiliency, and perseverance. To all the physical therapists who are students, find a mentor and do not give up. It is the rigor of writing that will make you a scientist; it is your own personal perseverance that will lead to your future contributions to our profession.

2011
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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



JULIE K. TILSON, PT, DPT, MS, NCS

Julie K. Tilson, PT, DPT, MS, NCS, Katherine J. Sullivan, PT, PhD, FAHA, and Dorian K. Rose, PT, PhD, are authors of "Meaningful Gait Speed Improvement During the First 60 Days Poststroke: Minimal Clinically Important Difference."

Tilson is assistant professor of clinical physical therapy at the University of Southern California (USC) Division of Biokinesiology and Physical Therapy. Tilson specializes in understanding the most effective methods for translating rehabilitation research into clinical practice. She served as the clinical research coordinator for the Locomotor Experience Applied Post-Stroke (LEAPS) randomized clinical trial, the largest rehabilitation trial funded by the NIH to date, from 2005 through 2011. Tilson teaches evidence-based practice for USC's Doctor of Physical Therapy Program and to clinicians nationally and internationally. She has specialty training in and teaches vestibular rehabilitation and continues to see patients at the USC faculty practice. Tilson is a Board-certified specialist in neurologic physical therapy, an APTA member, and a member of the Centre for Evidence Based Medicine in Oxford, UK.

Tilson JK, Sullivan KJ, Cen CY, Rose DK, Koradia CH, Azen PA, Duncan PW for the LEAPS Investigative Team. Meaningful gait speed improvement during the first 60 days poststroke: minimal clinically important difference. Phys Ther. 2010. 90(2):196-208.

ACKNOWLEDGEMENT

I am tremendously grateful to the entire Locomotor Experience Applied Post-Stroke (LEAPS) research team and the LEAPS study participants for their commitment to such an important clinical trial in physical therapy. This early publication is just the beginning of the value that the profession will gain from their hard work and dedication. Additionally, I would like to thank my family for their unflappable support of my professional career. I thank my parents for helping me to lay the foundation to pursue my dreams. Most important, thank you to my husband, Donovan, for standing by me every day as I work to make them come true.

2010
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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



TINA STOECKMANN, PT, DSC, MA

Tina Stoeckmann, PT, DSc, MA, and Katherine J Sullivan, PT, PhD, are authors of the July 2009 Physical Therapy article, “Elastic, Viscous, and Mass Load Effects on Poststroke Muscle Recruitment and Co-contraction During Reaching: A Pilot Study.”

The comparative effects of elastic, viscous, or mass loads for resisted exercise to strengthen weakened and spastic muscles after stroke have not been studied. In this article, Dr Stoeckmann and Dr Sullivan demonstrate that motor control deficits are evident in both the paretic and the nonparetic arms during resisted forward reaching compared to matched controls. Increased muscle activation and co-contraction was evident in the paretic arm across all load conditions; however, in the non-paretic arm viscous loads elicit strong muscle activation with minimal co-contraction. Further study is needed to understand kinetic load effects during resistance exercise or robotic-assisted training after stroke.

APTA is pleased to honor Dr Stoeckmann and Dr Sullivan with the Dorothy Briggs Memorial Scientific Inquiry Award.

Stoeckmann TM, Sullivan KJ, Scheidt RA. Elastic, viscous, and mass load effects on poststroke muscle recruitment and co-contraction during research: a pilot study. Phys Ther. 2009;89:665-678.

ACKNOWLEDGEMENT

It is with the deepest appreciation that I acknowledge the invaluable contributions of my colleagues in conducting this research project and making it suitable for publication. My fellow authors, Kathy Sullivan and Robert Scheidt, guided me through the long and arduous journey from proposal to publication—it could never have happened without them. Guy Simoneau, a friend and coworker, also spent countless hours discussing the design and analysis of this project with me. He should have been an author on this paper, but he graciously declined. My department chair, Larry Pan, Marquette’s College of Health Science, supported me both financially and emotionally. Biomedical engineering students Priyanka Kanade and Supriya Asnani were instrumental in building the experimental system we used and writing the codes for analyzing our data. My warmest thanks to you all, for all you have shared with me.

2010
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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



KATHERINE J. SULLIVAN, PT, PHD, FAHA

Tina Stoeckmann, PT, DSc, MA, and Katherine J Sullivan, PT, PhD, are authors of the July 2009 Physical Therapy article, “*Elastic, Viscous, and Mass Load Effects on Poststroke Muscle Recruitment and Co-contraction During Reaching: A Pilot Study.*”

The comparative effects of elastic, viscous, or mass loads for resisted exercise to strengthen weakened and spastic muscles after stroke have not been studied. In this article, Dr Stoeckmann and Dr Sullivan demonstrate that motor control deficits are evident in both the paretic and the nonparetic arms during resisted forward reaching compared to matched controls. Increased muscle activation and co-contraction was evident in the paretic arm across all load conditions; however, in the non-paretic arm viscous loads elicit strong muscle activation with minimal co-contraction. Further study is needed to understand kinetic load effects during resistance exercise or robotic-assisted training after stroke.

APTA is pleased to honor Dr Stoeckmann and Dr Sullivan with the Dorothy Briggs Memorial Scientific Inquiry Award.

Stoeckmann TM, Sullivan KJ, Scheidt RA. Elastic, viscous, and mass load effects on poststroke muscle recruitment and co-contraction during research: a pilot study. Phys Ther. 2009;89:665-678.

ACKNOWLEDGEMENT

It is a great honor for me to receive this award with my co-author Dr Tina Stoeckmann. One of the greatest challenges in the scientific inquiry process is to design and implement a study that has the potential to answer a clinically relevant and meaningful physical therapy question that can advance rehabilitation science. Then the hard part begins. The writing process takes tenacity, resiliency, and perseverance. To all the physical therapists who are students, find a mentor and do not give up. It is the rigor of writing that will make you a scientist; it is your own personal perseverance that will lead to your future contributions to our profession.

2009
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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



SANDRA A BILLINGER, MSPT,PHD

Sandra A Billinger, MSPT,PhD is recognized as the primary author of "Modified Total-Body Recumbent Stepper Exercise Test for Assessing Peak Oxygen Consumption in People with Chronic Stroke." The second and third authors of this work respectively are Benjamin Y Tseng, PhD and Patricia M Kluding, PT, PhD. Dr. Billinger is clinical instructor in the Department of Physical Therapy and Rehabilitation Science at the University of Kansas Medical Center.

Dr. Billinger, Dr Tseng, and Dr Kluding contend the assessment of peak oxygen consumption using traditional modes of testing, such as treadmill or cycle ergometer, can be difficult in individuals with stroke due to balance deficits, gait impairments, or decreased coordination. The study aimed to quantitatively assess the validity and feasibility of a modified exercise test using a total-body recumbent stepper in individuals after stroke. A within-subject design, with a sample of convenience, was used.

Eleven participants were tested and performed 2 maximal-effort graded exercise tests on separate days, using the total-body recumbent stepper and a cycle ergometer exercise protocol to assess cardiorespiratory fitness, measuring peak oxygen consumption and heart rate. The authors found a strong relationship between the stepper and ergometer exercise test for peak oxygen consumption and heart rate, with mean oxygen consumption significantly higher with the stepper compared with the cycle ergometer. The total-body recumbent stepper may be a safe, feasible, and valid exercise test to obtain measurements of peak oxygen consumption in people with stroke, and may be used to prescribe aerobic exercise for individuals with mild to severe deficits after stroke.

APTA is pleased to honor Dr. Billinger with the Dorothy Briggs Memorial Scientific Inquiry Award.

Billinger SA, Tseng BY, Kluding PM. Modified total-body recumbent stepper exercise test for assessing peak oxygen consumption in people with chronic stroke. Phys Ther. 2008;88:1188-1195.

1995
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DOROTHY BRIGGS MEMORIAL SCIENTIFIC INQUIRY AWARD



DIANE JETTE, PT, DSC

Diane Jette, PT, DSc, has made consistent and significant contributions in the academic and research arenas for the past 30 years.

Jette received a Doctor of Science Degree in epidemiology and biostatistics from Boston University School of Public Health, a master's degree in physical therapy from Boston University Sargent College, and a baccalaureate degree in physical therapy from Simmons College. Presently professor and chair of the Department of Rehabilitation and

Movement Science, College of Nursing and Health Sciences at the University of Vermont, Jette was previously chair of the Physical Therapy Department at Simmons College in Boston.

A leader among PT educators, Jette has strongly influenced the direction of both entry-level and post-professional education. Her many invitations to serve on professional committees are testament to the respect she enjoys among PT educators, and the degree to which her input is sought on all aspects of professional education. She has served as Chair of the Academic Administrators special interest group of the Education Section and as Education Section president and delegate. She has contributed by being a member consultant for several APTA initiatives, including APTA's "A Shared Vision for Professionalism in a Doctoring Profession" and "A Plan in Support of the Transitional Clinical Doctorate." As a member of the Organizing Committee for the Academic Council and a director on its inaugural board of directors, Jette has maintained a strong, respectful, visionary, and influential voice.

Jette's numerous contributions to the professional literature have included studies related to professional values, evidence-based practice, functional outcomes, and clinical decision-making. Her studies have involved collaborations with a wide and varied group of colleagues and students. Among her students she is known as an effective research mentor, exacting in her demands while nurturing in the process. She contributes extensively to Physical Therapy as an author, commentator, manuscript reviewer, editorial board member, and senior editor.

An APTA member since 1972, Jette has served the Association in numerous roles at both the national and local levels. Honors and awards include APTA's Cardiopulmonary Section Annual Research Award for Platform Presentation, the Massachusetts Chapter Research Award, the Dorothy Briggs Memorial Scientific Inquiry Award, and the Rose Excellence in Research Award.