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* A biography and photo are not available
= Recipient is deceased
JULIE FRITZ, PT, PHD, FAPTA

Julie Fritz, PT, PhD, FAPTA, has performed and published findings of her extensive research on spinal dysfunction, making a significant contribution to the practice of physical therapy. Fritz is associate dean for research in the College of Health at the University of Utah, as well as professor for the School of Health's Department of Physical Therapy at the university. She holds a PhD from the University of Pittsburgh School of Health and Rehabilitation Services, MS in physical therapy from the University of Indianapolis, and BS from Hope College, Holland, Michigan.

Fritz has been studying rehabilitation issues related to spinal dysfunction for 20 years; many of her publications have generated new ideas and include relevant content in the theory, practice, research, education, and administration of physical therapy. Fritz has a remarkable publication record—130-plus articles—in top-tier physical therapy and rehabilitation journals, including Physical Therapy, The Journal of Orthopaedic and Sports Physical Therapy, Spine, JAMA, the Annals of Internal Medicine, and in other leading medical journals. Her work in high-impact journals has helped advance the profession's knowledge, as well as health care disciplines outside the profession, in understanding the merits and economic implications of physical therapy. Fritz was 1 of just 2 physical therapists to successfully seek funding at the principal investigator level in the Agency for Health Care Research and Quality's comparative effectiveness research efforts. In addition to her clinical research, Fritz more recently has taken on health services research in the areas of health economics and comparative effectiveness research, and has made a case for early physical therapy, with significant cost implications. Fritz's impact on professional literature is also evidenced in her training record; she serves as a model-mentor for those interested in publishing research, with a knack for getting students involved with projects that answer important research questions. Her trainees regularly publish in leading journals; Fritz's trainees have been awarded 3 Eugene Michels New Investigator awards in recent years.

An APTA member since 1990, Fritz has been active in APTA's Orthopaedic Section, Section on Research, and Sports Physical Therapy Section. She is a 5-time winner of APTA's Rose Excellence in Research Award, winner of the Jack Walker Award for outstanding publication in Physical Therapy, and has been awarded the Marian Williams Award for Research in Physical Therapy.

In tribute to her contributions to professional literature for the profession, APTA is pleased to present Julie Fritz with the Helen J. Hislop Award for Outstanding Professional Literature.

ACKNOWLEDGEMENT

It is a special honor to receive an award named for a luminary of our profession whose contributions to the literature continue to inspire. I want to thank Tony Delitto for encouraging me to ask big questions, have confidence in my perspective and challenge conventional paradigms; my fellow University of Pittsburgh trainees who honed my clinical inquiry skills, John Childs, Steve George, Sara Piva and many others; and my Salt Lake City colleagues, particularly Gerard Brennan and Robin Marcus, for their commitment to innovation. Finally, I could not accept an award for contributions to the literature without thanking Jules Rothstein for teaching me and so many others to think and write with precision.
KORNELIA KULIG, PT, PhD, FAPTA, FAAOMPT HON

Kornelia Kulig, PT, PhD, FAPTA, has continually contributed to and promoted the science of rehabilitation in the area of orthopedic physical therapy on both the national and world stages.

Kulig is professor and clinical scholar, University of Southern California. In addition, she holds a joint appointment at the university’s Department of Orthopedic Surgery, Keck School of Medicine, and is codirector of the Musculoskeletal Biomechanics Research Laboratory, Division of Biokinesiology and Physical Therapy. She earned a PhD in biomechanics and MS in physical therapy and education from the Academy of Physical Education Wroclaw, Poland; she holds a BS in physical therapy from Oakland University, Rochester, Michigan.

Kulig’s role in the advancement of the profession has encompassed the domains of research, education, and practice. One significant contribution has been her commitment to providing the science underpinning clinical practice. As a researcher, she is considered one of the profession’s foremost experts in clinical biomechanics. Her research reflects sustained development over time and encompasses a wide range of scientific approaches, including mechanistic biomechanical analyses and clinical interventions. Her scholarly writings are multidisciplinary and translational, covering research that has shaped clinical practice and influenced a new generation of young investigators in this area. In addition, Kulig is committed to the principles of evidence-based practice and the advancement of the scientific basis underlying physical therapy. Her ability to merge aspects of research, teaching, and clinical practice is a model for current and future academicians, clinicians, and students. This commitment to finding the evidence behind the practice of orthopedic physical therapy forms the basis of her ability to present the elements of practice with objectivity and scientific merit.

Kulig is a member of the Michels Forum Committee of APTA’s Section on Research. Past APTA honors include the 18th John H.P. Maley Lectureship; Catherine Worthingham Fellow; the Physical Therapist Research Award from the California Chapter; and the Dorothy E. Baethke-Eleanor J. Carlin Award for Excellence in Academic Teaching.

For her contributions to the literature and overall field of physical therapy in the neuromechanics accompanying musculoskeletal injury, APTA is pleased to present Kornelia Kulig with the Helen J. Hislop Award for Outstanding Contributions to Professional Literature.

ACKNOWLEDGEMENT

I have been fortunate to have been mentored by the best and the brightest throughout my career. Helen J. Hislop inspired me to develop meaningful questions, seek the best methods to answer them, and include others in the journey to discovery. Jim Gordon encouraged and provided me with the opportunities and support to develop my research program. Thank you to Linda Fetters, Chris Powers, and Carolee Winstein for role modeling the approach to the study of clinically motivated questions with rigor and for seeing them through to broad dissemination. Thank you to Sally and Larry Ho, Rob Landel, Mike O’Donnell, Liz Poppert, and Steve Reischl for keeping my work relevant, exiting, and vibrant. I thank my past, current, and future students for carrying on the torch and keeping it bright.
Anthony Delitto, PT, PhD, FAPTA, has made contributions to the scientific literature with sustained impact on the delivery of physical therapy care.

Delitto holds a number of academic positions at the University of Pittsburgh, including chairman of the Department of Physical Therapy, professor, and associate dean for research, and serves vice president for education and research for the Centers for Rehabilitation Services (formerly CORE Network). He earned a PhD and MHS/PT from Washington University in St Louis, and a BS in physical therapy from the State University of New York at Buffalo.

Known internationally for his paradigm-changing work in the management of low-back pain (LBP), Delitto elaborated on the proof of principle in his writing and subsequently transformed research in this area when he and his colleagues recognized the limitations of a patho-anatomic diagnosis as the basis for LBP management. The publication of a proposed classification system that groups patients with LBP according to their response to treatment instigated an entire line of research to further refine and clarify the classification of signs and symptoms associated with a successful response from different treatment approaches. This treatment-based classification is now widely accepted as the preferred method to conservatively management LBP for a majority of patients. This work represents a systematic approach to critically evaluating the outcomes of physical therapy intervention and has continued to promote the development of classification systems for patients with other types of musculoskeletal dysfunction.

Active in APTA since 1977, Delitto currently serves on the Section on Research, the Section on Orthopedics and Section on Education. In recognition of his research and significant and sustained contributions to physical therapy literature, Delitto has been honored with APTA’s Jules M. Rothstein Golden Pen Award for Scientific Writing, the Marian Williams Award for Research in Physical Therapy, and is a 6-time recipient of the Orthopaedic Section’s Steve J. Rose Award for Excellence in Clinical Research. More recently he was honored with the 39th Mary McMillan Lecture Award.

APTA thanks Anthony Delitto for his contributions to physical therapy publications and the profession, and is pleased to present him with the Helen J. Hislop Award for Outstanding Contributions to Professional Literature.

ACKNOWLEDGEMENT

Like many from my generation, I was introduced to our profession by Dr. Hislop’s 1975 Mary McMillan lecture, “The Not So Impossible Dream.” Though I never worked closely with Dr. Hislop, I was extremely fortunate to have been mentored by many great writers and I would be remiss if I did not mention a few. Steven J Rose taught me great ideas, clinical innovations and other academic triumphs did not exist unless published. Though it is difficult to be appreciated by all audiences, I learned very early from Charles Magistro that the most critical eye belonged not to the academic expert reviewer but rather to the everyday clinician and I have always thought the clinician the most relevant of my targeted audiences. Finally, I have to credit Jules M. Rothstein for instilling in me the importance of writing precisely and persuasively, both of which were more important than trying to sound smart.
HELEN J. HISLOP AWARD FOR OUTSTANDING CONTRIBUTIONS TO PROFESSIONAL LITERATURE

CATHERINE C. GOODMAN, PT, MBA, CBP

Catherine C. Goodman, PT, MBA, CBP, is the lead author of textbooks that have helped “break the differential diagnosis ground” for the physical therapy profession, as well as raise the bar for understanding patient pathologies and the implications for physical therapists.

Presently a medical writer for Medical Multimedia Group LLC, and a national conference speaker, Ms Goodman was previously a faculty affiliate at the University of Montana. She holds an MBA from the University of Montana, Graduate School of Business Administration, and BS in Physical Therapy from the University of Pennsylvania, School of Allied Medical Professions.

The lack of appropriate literature written by a physical therapist was a concern of the profession for many years. When physical therapy practice became more common outside hospital-based medical or rehabilitation centers, the need became even greater. Best known as lead author for two textbooks, Differential Diagnosis for Physical Therapists: Screening for Referral (affectionately referred to as DDPT), and Pathology: Implications for the Physical Therapist, Ms Goodman has been recognized for significant contributions to PT literature.

The DDPT text has been cited as one of the top 10 PT books published by Elsevier, with two-thirds of physical therapy programs utilizing it in their curricula. With the Pathology text (first published in 1998), students enjoyed a pathology text written by physical therapists for physical therapists; this text is also a top 10 book in the Elsevier roster.

With her many years of clinical practice, her experience in the Army, and years as a faculty member and clinical director, Ms Goodman’s knowledge of our field has continually benefitted PT students and clinicians. She works to ensure that the editions are always up-to-date recognizing conditions that require consultation and/or referral and providing instructional materials that assist students in developing the advanced clinical reasoning skills required at the DPT level.

APTA is pleased to present Catherine Goodman with the Helen J. Hislop Award for Outstanding Contributions to Professional Literature.

ACKNOWLEDGEMENT

I would like to thank and acknowledge the many friends, family, and colleagues who have supported and contributed to the publications that bear my name. Though I function as the senior editor and author, please know I am never the solo author. Although I live and work in what I refer to as ‘my dungeon’ (home office), I do not work alone or in a vacuum.

A very sincere thank you with deep appreciation, gratitude, and love go to my primary co-authors: Teresa Snyder, Bill Boissonnault, Kenda Fuller, Kevin Hellgeson, and Charlene Marshall. A BIG round of applause and gratitude to my personal and professional mentor Janet B. Hulme, my sister Carolyn Hoffman, and my ‘girlfriends’ who listen to me vent ad nauseam and love me through it all. And of course, to my family: Cliff, Ben, Guy, and Miss Ellen: the best part of my life! This award is as much theirs as mine.
LYNN SNYDER-MACKLER, PT, ATC, ScD, SCS, FAPTA

Lynn Snyder-Mackler, PT, ATC, ScD, SCS, FAPTA, has conducted groundbreaking research on functional recovery from anterior cruciate ligament injury and total knee replacement, which has changed physical therapy clinical practice for patients with these diagnoses. She has more than 150 peer-reviewed publications and considered an authoritative figure in her areas of investigation.

Presently adjunct associate research professor, Department of Orthopaedics, Thomas Jefferson University College of Medicine, Philadelphia, Snyder-Mackler was previously faculty and athletics representative at the University of Delaware and visiting researcher to the School of Health and Biomechanics and Movement Sciences, University of Delaware, and has also held academic roles at the Department of Physical Therapy, SHSH, Allegheny University of the Health Sciences, Philadelphia; Rothman Institute, Philadelphia; and Neuromuscular Research Center, Boston University. Snyder-Mackler received her ScD in Applied Anatomy and Physiology from Boston University, MS in Organizational Behavior from the University of Pennsylvania and BA in Quantitative Studies from Johns Hopkins University, Baltimore.

Snyder-Mackler has been investigating functional recovery from knee injury for more than 30 years. Her publications have had a significant impact on clinical practice and research related to physical therapy and rehabilitation of the knee. Early in her career, she demonstrated the benefits of neuromuscular electrical simulation (NMES) for improving quadriceps strength and kinematics of the knee after anterior cruciate ligament reconstruction. Her future studies went on to further elucidate the role of the quadriceps after knee injury and the potential benefits of incorporating NMES into the rehabilitation of patients with knee injury. Through the impact of this research on clinical practice, patients with a variety of knee problems have benefitted from Snyder-Mackler’s work, and she and her team were led to develop clinical practice guidelines for the treatment of knee ligament sprains and knee meniscus and articular cartilage lesions, now widely disseminated and standard for the development of clinical practice guidelines for musculoskeletal conditions treated by PTs.

For APTA, Snyder-Mackler has participated on the sections on Clinical Electrophysiology, Orthopaedics, Research and Sports Physical Therapy. She has held a number of leadership roles in the Section on Research, including president, president-elect, chair of the Nominating Committee and treasurer.

APTA is pleased to recognize Snyder’s outstanding contributions to professional literature with the Helen J. Hislop Award.
LYNN N. MCKINNIS, PT, OCS

Lynn N. McKinnis, PT, OCS, has contributed to the education of physical therapists by writing textbooks, an audio-visual continuing education course, and APTA home study courses in the area of musculoskeletal imaging for clinical practice.

A physical therapist at Concordia Visiting Nurses in Cabot, PA, and an adjunct professor at St Francis University and the University of Montana, Ms McKinnis has also been facility director for Keystone Rehabilitation Systems in Indiana, PA, and assistant director of physical therapy for North Hills Passavant Hospital in Pittsburgh. Past academic affiliations have included Marymount University (Arlington, VA), St Louis University, the University of St Augustine (St Augustine, FL), Arcadia University (Philadelphia), University of Maryland (Baltimore), Thomas Jefferson University (Philadelphia), Slippery Rock University (Slippery Rock, PA), and Rocky Mountain University (Provo, UT).

Ms McKinnis’ first textbook, Fundamentals of Orthopaedic Radiology, was published in 1996, after requests to put her lecture materials into writing. As radiology was previously considered a domain of physicians, Ms McKinnis was a pioneer in promoting collaboration with radiologists and for enhancing the quality of physical therapy practice. Her next book, Fundamental of Musculoskeletal Imaging, reflects a change in the profession’s scope of practice, expanding information from her first book to include magnetic resonance imaging, computerized tomography, and ultrasound images. The second edition includes case studies, and a chapter examining issues surrounding state practice acts, insurance reimbursement, the physical therapist as a primary care provider, and access to radiological services. In addition to the textbooks, Ms McKinnis has written two APTA Home Study Courses titled “Introduction to the Science of Orthopaedic Radiology” and “Diagnostics Imaging of Bones and Joints: Plain Film Examination of the Extremities.” She also published “Medical Imaging in Rehabilitation,” a 12-contact-hour CD-ROM continuing education lecture series, for which participants can receive APTA CEUs.

APTA is pleased to recognize Ms McKinnis’ many contributions to the education of physical therapists with the Helen J. Hislop Award for Outstanding Contributions to Professional Literature.
HELEN J. HISLOP AWARD FOR
OUTSTANDING CONTRIBUTIONS TO
PROFESSIONAL LITERATURE

WILLIAM G. BOISSONNAULT, PT, DPT, DHSc, FAPTA, FAAOMPT

William G. Boissonnault, PT, DPT, DHSc, FAPTA, FAAOMPT, has made a lasting impact on the physical therapy profession by championing medical screening as part of differential diagnosis by physical therapists.

Dr. Boissonnault began his career in 1977 after graduating from the University of Wisconsin-Madison with a BS in physical therapy. Subsequently, he earned a MS in orthopaedic physical therapy and DHSc in primary care from the University of St Augustine for Health Sciences, and in 2007 completed the t-DPT program at the Institute of Health Professions-Massachusetts General Hospital. He began his clinical career as a staff physical therapist in New Orleans, and subsequently has held numerous clinical positions including senior physical therapist at the University of Wisconsin Hospital/Clinics (UWHC) for the past 18 years. Early in his career Dr. Boissonnault developed a strong interest in orthopaedic manual therapy and medical screening.

As an educator, Dr. Boissonnault has held full-time positions at Northwestern University-Program in Physical Therapy and the University of Wisconsin–Madison Department of Orthopaedics and Rehabilitation where he currently serves as associate professor. In addition he has held numerous adjunct teaching positions developing and presenting courses on medical screening and diagnostic imaging. Dr. Boissonnault has edited or co-edited 3 textbooks-contributing a total of 27 book chapters, authored numerous peer-reviewed published reports, in addition to presenting nationally and internationally on topics including differential diagnosis, diagnostic imaging, joint manipulation and health outcomes. He helped spearhead the development of the UWHC/Meriter Hospital Orthopedic Physical Therapy Clinical Residency Program, and has served as its curriculum director the past 12 years.

Since 1989 Dr. Boissonnault has been a strong advocate and promoter of physical therapist practice of joint manipulation and consumer direct access to physical therapy services. His service to APTA began as a member of the Minnesota Chapter’s Governmental Affairs Subcommittee, and evolved to serving the Orthopaedic Section as President from 1995-2001. In 1999, he was appointed to the APTA Manipulation Legislative Task Force serving as chair from 2004-2009. In addition, Dr. Boissonnault chaired the APTA Task Force on the Implementation of Clinical Residency Programs/Faculty/Credentialing in 1997, and chaired the American Academy of Orthopaedic Manual Physical Therapists Practice Affairs committee from 2004-2008. Currently he is president of the Foundation for Physical Therapy, a member of the Orthopaedic Section’s Awards Committee, and of the Wisconsin Chapter’s Workforce and Autonomous Practice committees.
HELEN J. HISLOP AWARD FOR OUTSTANDING CONTRIBUTIONS TO PROFESSIONAL LITERATURE

ALAN M. JETTE, PT, PHD, FAPTA

Alan M. Jette, PT, PhD, FAPTA, is Professor of Health Policy & Management at Boston University’s School of Public Health where he directs the Health & Disability Research Institute. Dr. Jette’s research interests include late-life exercise, evaluation of rehabilitation treatment outcomes, and the measurement, epidemiology, and prevention of disability. Dr. Jette is an international expert in the development and dissemination of contemporary outcome measurement instruments to evaluate health care quality and outcomes. He has published over 175 peer reviewed articles on these topics.

Throughout his 30+ year research career, Dr. Jette has received consistent research funding from numerous NIH Institutes, the NIDRR, CDC, CMS, SSA, as well as from several foundations and private corporations. Currently, he directs the Boston Rehabilitation Outcome Measurement Center funded by NCMRR/NIH, serves on the Executive Committee of the Boston Claude Pepper Older Americans Independence Center funded by NIA/NIH, and is Research Director for the New England Regional Spinal Cord Injury Center, funded by NIDRR. For 10 years he directed the BU Post Doctoral Fellowship Program in Outcomes Research funded by NIDRR and from 1996-2004 he served as Dean of Boston University’s Sargent College of Health & Rehabilitation Sciences.

Dr. Jette has a long history of service to the physical therapy profession including: Editorial Board Member of PTJ (1990-1996), Deputy Editor PTJ (1993-1996), and Acting Editor-in-Chief (2005). He was PTJ’s Special Issue Editor on Disability Research in 1994 and was Co-Editor for the 2011 Special Issue on Disability Research. He chaired the APTA Committee on Practice from 1986-1988, and was a member of the APTA Task Force on Standards for Measurement in Physical Therapy. From 1993-1996 he served a member of the Board of Directors of the Foundation for Physical Therapy. He is currently a member of the Advisory Board of PTJ and a member of the Advisory Council for the Foundation for Physical Therapy.

At a national level, in 1990, Dr. Jette served as Co-Chair of the Panel on Assessment & Epidemiology on the Hunt Valley Task Force on Medical Rehabilitation which was instrumental in founding the National Center for Medical Rehabilitation Research within NIH. From 1998-2002, Dr. Jette was a Member of the Institute of Medicine’s Committee to Review SSA’s Disability Decision Process. From 2004-2008 Dr. Jette served as a member of the National Advisory Board for the NCMRR/NIH. From 2005-2007, Dr.Jette chaired the Institute of Medicine’s study and co-edited the report, The Future of Disability in America which highlights disability priorities for the nation. From 2010 -2011, he served on the National Academy of Sciences’ National Research Council’s Panel that conducted an External Evaluation of NIDRR’s Research Programs. He currently serves on the NIH Blue Ribbon Panel that is evaluating rehabilitation research funding within the NIH.

In the international area, Dr. Jette served as a member of the International Advisory Panel on the evaluation of Swedish research on disability, Swedish Council for Social Research (2000-2001) was an International Review Panel Member, Swedish Council for Working Life and Social Research (2006-2007), and in 2010 was a Member, Research Review Committee, The Academy of Finland Research Council.

He received a BS in Physical Therapy from the State University of New York at Buffalo in 1973 and a MPH (1975) and Ph.D. (1979) in Public Health from the University of Michigan.