State Laws and Regulations Governing Dry Needling Performed by Physical Therapists in the US

Laws that govern physical therapists' ability to perform dry needling vary among the states. This map and the key below identify which state laws permit dry needling, which prohibit it, and which are silent on it.

**Law permits PTs to perform dry needling (35 states and DC)**
- Alabama
- Alaska
- Arizona
- Arkansas
- Colorado
- Delaware
- Georgia
- Idaho
- Illinois
- Indiana
- Iowa
- Kansas
- Kentucky
- Louisiana
- Maine
- Maryland
- Mississippi
- Montana
- Nebraska
- Nevada
- New Hampshire
- New Mexico
- North Carolina
- North Dakota
- Ohio
- Rhode Island
- South Carolina
- South Dakota
- Tennessee
- Texas
- Utah
- Vermont
- Virginia
- Washington, DC
- West Virginia
- Wyoming

**Law prohibits PTs from performing dry needling (7 states)**
- California
- Florida
- Hawaii
- New Jersey
- New York
- Oregon
- Washington

**Law is silent on PTs performing dry needling (9 states)**
- Connecticut
- Massachusetts
- Minnesota
- Missouri
- Oklahoma
- Pennsylvania
- Wisconsin