

Mary Ann Wilmarth, PT, DPT, MS

Board-Certified Clinical Specialist in Orthopaedic Physical Therapy



APTA spokeswoman Mary Ann Wilmarth, PT, DPT, MS, is CEO of Back2Back Physical Therapy, whose mission is to optimize function via body balance and exercise. She is the immediate past chief of physical therapy at Harvard University. She is a board-certified orthopaedic clinical specialist, and is also certified in manual therapy, mechanical diagnosis and treatment, dry needling, and ergonomics. Wilmarth received a master of science in physical therapy from Duke University, and a doctor of physical therapy (DPT) from the University of St Augustine for Health Sciences. In addition, she completed a bachelor of arts in biology and art from Middlebury College. For almost 20 years, Wilmarth taught in the DPT program at

Northeastern University, where she was assistant dean for the College of Professional Studies and director of its Transitional DPT Program. She is an active member of APTA and its Orthopaedic Section. She previously served as editor of the section's independent study courses, and as a nominating committee member and chair for both the section and the Massachusetts Chapter. Wilmarth is involved with the Arthritis Foundation, and also CreakyJoints' online patient community, and other organizations supporting arthritis and autoimmune diseases. She is a patient advocate and stays active with consultations, research, publications, presentations, and writing. Wilmarth works daily to balance her time working while having osteoarthritis and common variable immune deficiency, and several autoimmune diseases, including rheumatoid arthritis and Sjogren's, in addition to exercising and spending time with her 3 adult children, 3 dogs, family, and friends.

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