MOVEMENT SYSTEM SUMMIT

AGENDA

Summit Objectives:

1. Describe the history and development of the term “movement system” as the identity principle with the APTA’s new vision.
2. Develop a common understanding of the definition of the movement system and the role of physical therapy in the movement system.
3. Identify the potential benefits of integrating the movement system in physical therapy education, research and practice.
4. Discuss the movement system as it relates to both ICF language and the patient-client management model in the Guide to Physical Therapist Practice.
5. Begin to identify essential activities that should be included in the Patient/Client Examination for assessment of movement performance and the criteria for how to measure these.
6. Agree upon criteria for adopting or promoting movement system diagnostic labels.
7. Describe the implications of using movement system diagnostic labels, including selection of treatment options, communication with other professionals, clinical documentation, reimbursement, education and research.
8. Develop an action plan for the integration of the movement system, into practice, education, research. This document will be a recommendation to the APTA Board of Directors.

Thursday Evening, December 8:

6:30 – 7:30 PM: Registration, Reception, Meet and Greet

Session 1 - Why are we here and what do we hope to achieve?

Objectives:

- Explain the history of the movement system and the relationship to the Vision
- Describe the identity principle of the APTA Vision

7:30 – 7:45 PM:

- Welcome - Sharon Dunn, PT, PhD, Board-Certified Orthopaedic Clinical Specialist
- Summit Overview – Lisa Saladin, PT, PhD, Catherine Worthingham Fellow of the APTA

7:45 – 8:00 PM: Movement System Inspiration - Christopher Powers, PT, PhD, Catherine Worthingham Fellow of the APTA
8:00 – 8:30 PM: The History of the Movement System as the Identity Principle of the APTA Vision
- Lisa Saladin, PT, PhD, Catherine Worthingham Fellow of the APTA
8:30 – 9:00 PM: Questions for Session 1 Roundtable Discussion:

What if...:
“...all physical therapists were movement system experts and the public, our colleagues, and all other stakeholders recognized us that way; what positive changes would we see in the profession of physical therapy?”

Friday, December 9:

7:30 – 8:30 AM: Breakfast

Session 2 – What Is Our Understanding of the Movement System?
Objectives:
Each group member will:
- Identify the relationship of the Movement System language to the current language of the ICF, the Guide to Physical Therapist Practice 3rd Ed, (patient/client management model), and APTA HOD policy and positions.
- Explain and support the application and implementation of the movement system within and across settings
- Articulate their role as a movement system expert champion

8:30 – 8:35 AM: Video
8:35 – 8:50 AM: Setting the Stage for Session 2 Cynthia Coffin Zadai, PT, DPT, MS, Catherine Worthingham Fellow of the APTA
8:50 – 10:25 AM: Session 2 Roundtable Discussions:
Questions: (Each table discusses all 3 questions)
1: What is your understanding of the movement system?
2: How do you see the patient/client management model interfacing with the movement system?
3: Where are you currently in your role as a movement system expert in practice, teaching, and research?

10:25 - 10:45 AM: Break
10:45 – 12:00 AM: Group Report and Discussion

12:00 – 12:45 PM: Lunch

Session 3 – What essential components of Movement Analysis should be included in our examination?
Objectives:
- Identify essential components of movement analysis that should be included in the Patient/Client Examination for assessment of movement performance.
12:45 - 2:00 PM: How the Movement System Informs my Patient Assessment - Christopher Powers, PT, PhD, Catherine Worthingham Fellow of the APTA and Patty Scheets, PT, DPT, MS, Board-Certified Neurologic Clinical Specialist

2:00 – 2:30 PM: Session 3 Roundtable Discussions: Question 1: Review results from pre-work question 1: What are the essential activities that are part of a movement analysis?

2:30 – 2:50 PM: Break

2:50 – 3:20 PM: Group Report and Discussion: Question 1

3:20 – 4:30 PM: Question 2: What do you look for during each activity and what criteria do you use to measure?

4:30 – 4:50 PM: Break

4:50 – 5:30 PM: Group Report and Discussion: Question 2

5:30 – 5:50 PM: Wrap-up

6:30 PM: Individuals assigned to specific groups and restaurants for dinner

Saturday, December 10:

6:30 – 7:30 AM: Breakfast

Session 4 – What is a Movement System Diagnosis?

Objectives for Session 4:
- Agree upon criteria for movement system diagnostic labels.
- Describe the implications of using movement system diagnostic labels, including selection of treatment options, communication with other professionals, clinical documentation, reimbursement, education and research.

7:30 – 8:30 AM: Shoulder “Impingement”: The Case for Movement System Diagnostic Classification - Paula Ludewig, PT, PhD, Catherine Worthingham Fellow of the APTA and Jonathan Braman, MD

8:30 – 9:45 AM: Session 4 Roundtable Discussion: Questions

1. Do the proposed criteria that are listed below need to be modified? If so, how?
   Proposed criteria for movement system diagnostic labels:
a. Use recognized anatomical, physiological, movement-related terms to describe the condition or syndrome of the movement system
b. Include, if deemed necessary for clarity, the name of the pathology, disease, disorder, or symptom that is associated with the diagnosis.
c. Be as short as possible to improve clinical usefulness.

2. Examples of movement system diagnoses were included in the pre-Summit readings. What are the potential risks and rewards of movement system diagnoses

9:45 - 10:05 AM Break

10:05 - 11:00 AM: Group Reporting and Discussion for Session 4

Session 5 – How Do We Integrate the Movement System into Education, Research, and Practice?

Objectives:
- Develop an action plan for the integration of the movement system, into practice, education, research. This document will be a recommendation to the APTA Board of Directors.

11:00 – 12:00 PM: Perspectives from education, research, and practice - Barbara Norton, PT, PhD, Catherine Worthingham Fellow of the APTA; Edee Field-Fote, PT, PhD, Catherine Worthingham Fellow of the APTA; Michael Voight, PT, DHSc, ATC, Catherine Worthingham Fellow of the APTA

12:00 – 12:30PM Lunch

12:30 - 2:00 PM: Session 5 Roundtable Discussions: An Action Plan for the Future Questions
1. Are there any critical action items missing in practice, education, and research that must be completed to move the Movement System forward?
2. Are there any items that you believe should be deleted from the list because they are either not important or not feasible?

2:00-2:20 PM: Break
2:20 – 4:00 PM: Group Report and Discussion

Closing Session – Where are we and what are our next steps?
4:00-4:15 PM: Summary and Action Steps