

Curriculum Vitae

Tracy Porter, PT, DPT, EdD

Department of Physical Therapy
Des Moines University
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Des Moines, IA 50312
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Education:

Institution: Concordia University
Location: Portland, OR
Dates: 2016 to 2020
Field of Study: Higher Education
Degree Received: Doctor of Education

Institution: Washington University
Location: St. Louis, MO
Dates: 2007 to 2012
Field of Study: Post Professional DPT
Degree Received: Doctor of Physical Therapy

Institution: Des Moines University
Location: Des Moines, IA
From: 1995 to 1997
Field of Study: Physical Therapy
Degree Received: Master of Science Degree in Physical Therapy

Institution: University of Northern Iowa
Location: Cedar Falls, Iowa
From: 1991 to 1995
Field of Study: Biology
Degree Received: B.S. in Biology, Summa Cum Laude

Licensure:

Physical Therapist, State of Iowa – (#02588) 1997-Present

Employment:

Assistant Director Clinical Education
Assistant Professor
Non-tenure track
Des Moines University
Des Moines, IA
2014 - Present

Academic Coordinator of Clinical Education
Assistant Professor
Non-tenure track
Mercy College of Health Sciences

Des Moines, Iowa
2010 - 2014

Adjunct Faculty
Assistant Professor
Non-tenure track
Mercy College of Health Sciences, School of Liberal Arts and Sciences
Des Moines, IA
2012 - 2014

Adjunct faculty member
No rank
Non-tenure track
Mercy College of Health Sciences
Des Moines, Iowa
2009 - 2010

Clinic Director
Senior Physical Therapist
21st Century Rehab, PC
Madrid, Iowa
2007 - 2010

Senior Physical Therapist
21st Century Rehab, PC
Nevada, Iowa
2006 - 2007

Staff Physical Therapist
Accelerated Rehab, Inc.
Ames, Iowa
2005 - 2006

Physical Therapist
One Heart Equestrian Therapy
Nevada, Iowa
2002 - 2006

Staff Physical Therapist / Department Head
21st Century Rehab, PC
Nevada and Webster City, Iowa
1997 – 2005

Peer Reviewed Scientific and Professional Presentations:

Porter, T Perceived Accuracy of Doctor of Physical Therapy Students' Self-Assessment Using Two Clinical Performance Assessment Tools (2020). Ed.D. Dissertations. 466.

Porter, T Analysis of “beyond entry-level” performance ratings on the physical therapist clinical performance instrument. Platform presentation at the American Physical Therapy Association Education Leadership Conference. October 2016; Phoenix, AZ.

Porter, T, Bravard, S. Analysis of “with distinction” ratings on the PTA clinical performance instrument. Platform presentation at the American Physical Therapy Association ELC; October 2013; Portland, OR.

Non-Peer Reviewed Presentations:

Porter, T., Wesselink, J., Vardaxis, V., Implementation of the Inventory for Assessing the Process of Cultural Competence among Healthcare Professionals – Student Version (IAPCC-SV) in Des Moines University's Doctor of Physical Therapy Program: Pre-test findings. Presented at the Des Moines University Research Symposium; December 3, 2020; Des Moines, IA

Wesselink, J., **Porter, T.,** Identification of a cultural competence assessment tool for Des Moines University's Doctor of Physical Therapy Program. Presented at the Des Moines University Research Symposium; December 5, 2019; Des Moines, IA

Porter, T., Chew on this: Evaluation and treatment of TMJ dysfunction. Presented at the Iowa Physical Therapy Association Fall Conference; October 26, 2019; Des Moines, IA.

Porter, T., Doyle, J. Clinical performance assessment. Presented at Des Moines University Friday Research Seminar; April 26, 2019; Des Moines, IA.

Porter, T., Bravard, S. Effective PT/PTA Teams: Supervision and Delegation Best Practices. Presented at the Iowa Physical Therapy Association Fall Conference; October 26, 2018; Des Moines, IA.

Porter, T., Willey, M, and Westermann, R. Management of adolescent and young adult hip pathology. Presented at the Iowa Physical Therapy Association Fall Conference; October 27, 2018; Des Moines, IA.

Porter, T., Bravard, S. More than just more reps: optimizing exercise progression. Presented at the Iowa Physical Therapy Association Spring Conference; April 2018; Des Moines, IA.

Porter, T. Application of the movement systems model to the management common hip pathologies. Presented to the Iowa Physical Therapy Association SE District; April 2018; Iowa City, IA.

Porter, T. Restoring motor control for walking in older adults with mobility limitation. Presented at the Iowa Physical Therapy Association Fall Conference; October 2017; Des Moines, IA.

Porter, T. Using the movement system model to evaluate and treat common hip pathologies. Presented at the Iowa Physical Therapy Association Fall Conference; October 2017; Des Moines, IA.

Wexter, J, **Porter, T.** Evaluation and treatment of a vestibular patient. Presented at the Iowa Physical Therapy Association Fall Conference; October 2017; Des Moines, IA.

Porter, T. Effective feedback. Presented at the Iowa Physical Therapy Association Spring Conference; April 2015; Ames, IA.

Porter, T. Postural correction for the PTA. 6-hour CEU presentation at the Iowa Physical Therapy Spring Conference; April 2014; Ames, IA.

Hamer, A, **Porter, T.** Aquatic therapy. Presented at Iowa Physical Therapy Association Spring Conference; April 2013; Ames, IA.

Porter, T, Bravard, S. The Shoulder Complex. 6-hour CEU presentation at the Iowa Physical Therapy Association Fall Conference; November 2012; Ames, IA.

Current/Active Research Activity:

IRB Title: Implementation of a Cultural Competence Assessment Tool for Des Moines University's Doctor of Physical Therapy Program (funded)

IRB Title: Perceptions of Physical and Psychosocial Outcomes of Participation in Hippotherapy and Therapeutic Riding (not funded)

IRB Title: Clinical Instructor Perceptions of the Clinical Internship Evaluation Tool (not funded)

IRB Title: Perceived accuracy of Doctor of Physical Therapy students' self-assessment of clinical performance using the Physical Therapist Clinical Performance Instrument and the Clinical Internship Evaluation Tool (not funded)

Honors and Awards:

Olive C. Farr Distinguished Service Award from the Iowa Chapter of the American Physical Therapy Association, April 2021

Alpha Eta Society, Des Moines University Chapter, May 2018

Office of Diversity and Multicultural Affairs 2018 Diversity Champion Award, May 2018

Alpha Eta Society, Mercy College of Health Sciences Chapter, April 2014

Membership in Scientific/Professional/Honorary Societies:

Member, Education Section of the American Physical Therapy Association 2010 - present

Member, Iowa Physical Therapy Association 1995 - present

President 2019 - 2021

Vice President 2017 - 2019

Secretary 2013 - 2016

Member, American Physical Therapy Association 1995 – present

Service:

Resilience and Mindful Movement presentation to Anawim's Full Circle Group in collaboration with Employee and Family Resources on April 23, 2021.
Building Your Resilience Resume presentation to Freedom for Youth in collaboration with Employee and Family Resources on February 24, 2021.
Trauma Informed Parenting: Creating Safety and Calm presentation in collaboration with Employee and Family Resources on January 21, 2021.
Des Moines University Physical Therapy Club Community Clean Up Event, Des Moines, IA, August 22, 2020
Faculty name reader, DPT White Coat Ceremony, August 21, 2020
Physical Therapy Club faculty advisor beginning July, 2020.
Iowa delegate to the American Physical Therapy House of Delegates 2020, 2019, 2018
Iowa Physical Therapy Association Legislative Day, 2021, 2020, 2019, 2018, 2017, 2016
Stroke Camp August 19-23, 2019, August 20-23, 2018, and August 21-25, 2017
Health PASS Mock Interviews June 25, 2019
DMU Back to School Physicals 2018, 2017
Faculty hooder for DMU commencement, May 25, 2018.
FunFitness screening at the Iowa Special Olympics, May 18, 2018.
Easter Seals Walk for Independence Screening, Ankeny, IA, April 29, 2017
Mini Medical School Facilitator, Des Moines, IA, February 28, 2017
Senior Health Fair Screening on November 5, 2016
CFUM Back to School Physicals, Des Moines, IA, July 2015, 2016
Iowa Physical Therapy Association Student Mentor, Ames, IA November 2015, April 2016
State Fair Health Screening with Des Moines University, Des Moines, IA, August 2015
Diversity Health Series Co-facilitator certification 2015

Continuing Education Attended:

2021 Combined Sections Meeting of the American Physical Therapy Association, March 2021 (5 hrs)
Pelvic Health is Everyone's Business, IPTA Fall Conference, October 23, 2020 (6 hrs)
Foundation Issues Forum, IPTF, October 22, 2020 (3 hrs)
Total Joint Replacement and Pain Management in the Acute Care Setting, IPTA, September 8, 2020 (1 hr)
Foundation Issues Forum, IPTF, April 16, 2020 (2.5 hrs)
State Policy and Payment Forum, APTA, September 14, 2019 (6 hrs)
Ethical Conundrum? We have a principle for that! IPTA Spring Conference, April 5, 2019 (2 hrs)
Ethics Panel facilitated by Dr. Nancy Kirsch, IPTA Spring Conference, April 5, 2019 (1 hr)
Evaluation and Treatment Following Hip Labral Repair with Integration of the MSI Syndromes, IPTA Spring Conference, April 5, 2019 (2 hrs)
Exercise Prescription for Patients with Heart Failure, IPTA Spring Conference, April 5, 2019 (1 hr)
Foundation Issues Forum, IPTA Spring Conference, April 4, 2019 (4 hrs)
Evidence-Based Practice Presentations, IPTA SW District Meeting, November 13, 2018 (2.5 hrs)
Unpacking Carbon Fiber AFOs - Not All Carbon Foot Prints are the Same, IPTA SW District Meeting, September 11, 2018 (1hr)
Diagnosis and Treatment for SI Dysfunction, IPTA SW District Meeting, May 15, 2018 (1 hr)

Foundation Issues Forum, IPTA Spring Conference, April 19, 2018 (4 hrs)
Incorporating Psychosocial Factors of Vestibular Rehab, IPTA SW District Meeting, February 6, 2018 (1 hr)
From Madness to Methods 2.0: Formative Assessment Strategies, DMU CTL, February 1, 2018 (1 hr)
Integration, Competence and Expertise: Preparing Learners for the Future, IAMSE Webinar, January 26, 2018, (1 hr)
DMU Research Symposium, DMU Office of Research, December 7, 2017, (3.5 hrs)
Characteristics of Current Learners, DMU CTL, November 2, 2017, (1 hr)
Movement System Diagnosis – Application to Patients with Mobility Deficits, DMU CME, September 15, 2017, (6 hrs)
Sharing Assessment Information: Why, How, and What to Consider, IAMSE Webinar, March 23, 2017 (1 hr)
Treatment Pearls: Practitioners with Practice, IPTA Spring Conference, March 10, 2017 (6 hrs)
Foundation Issue Forum, IPTA Spring Conference, March 8, 2017 (4 hrs)
Remediation and Trust Decisions in Competency Based Medical Education, IAMSE Webinar, March 16, 2017 (1 hr)
The Imperative for Incorporating Mind-Body Medicine in Health Professions Education, IAMSE Webinar, January 26, 2017 (1 hr)
Improving Medical Student Mental Health: A Multifaceted Approach, IAMSE Webinar, January 12, 2017 (1 hr)
Foundation Issues Forum, IPTA, October 27, 2016 (4 hrs)
Medical Therapeutic Yoga, IPTA SW District Meeting, May 17, 2016, (1 hr)
Striking Out Stroke Gait Impairments through Evaluation, Intervention, and Documentation Iowa Physical Therapy Association April 23, 2016 (6 hrs)
Foundation Issues Forum, Iowa Physical Therapy Foundation April 21, 2016 (4 hrs)
Planning for Curriculum Mapping, Dina M. Kurzweil, PhD, March 4, 2016
Aligning the Beginning and End: Instructional Design, Bloom’s Taxonomy and Backward Design IAMSE Webinar, February 26, 2016 (1 hr)
Update on Selected Topics in Sports Medicine with Evidence Based Medicine, Mid Iowa Orthopedic Study Group, February 8, 2016 (1.5 hrs)
Interventions for the Foot and Ankle That Don’t Stink: Evidence and Hands-on Application, Iowa Physical Therapy Association, November 7, 2015 (6 hrs)
Wisdom Gained Through the Years: Sharing the Act of Caring and the Science of Healing Panel Discussion, Iowa Physical Therapy Association, and November 6, 2015 (6 hrs)
Drinking Water from a Fire Hydrant: Public Policy and Payment Changes and Challenges for PT Practice, Iowa Physical Therapy Foundation Issues Forum, November 5, 2015 (4 hrs)
Transforming Medical Education through the Science of Health Care Delivery webinar, Mayo Clinic, September 9, 2015 (1 hr)
Principles of Effective College Teaching Series, Magna Online Course, Magna Publications Inc., July 12, 2015 (12 hrs)
Too Hot to Handle: Desensitizing the Hypersensitive Patient, Iowa Physical Therapy Association, April 25, 2015 (6 hrs)
PT Pearls from the Podium, Iowa Physical Therapy Association, April 24, 2015 (6 hrs)
Designing, Implementing, and Evaluating Continuing Interprofessional Education (CIPE) Activities Using a Systematic Planning Process, Strategic Partnerships for Interprofessional Research and Education webinar, March 19, 2015 (1 hr)

Social Determinants of Health: Collaborating to Overcome Barriers and Create Solutions webinar, Association of Academic Health Centers (AAHC), March 18, 2015 (1 hr)
Current Trends in Interprofessional Practice and Education webinar, International Association of Medical Science Educators, February 26, 2015 (1 hr)
Developing Skills at Making Observations, IAMSE webinar, January 15, 2015 (1 hr)
Moving from Message to Action – The Role of the Learner in Feedback, IAMSE webinar, January 8, 2015 (1 hr)
Best Tests for a Mechanical Diagnosis, Iowa Physical Therapy Association 6 CEU course, November 8, 2014
PT Pearls from the Podium, Iowa Physical Therapy Association 6 CEU course, November 7, 2014
Educational Leadership Conference, October 16, 2013
Managing a Caseload: A New Look at PT-PTA Teams, APTA webinar, February 23, 2012
Cummins Model Presentation: Making the Most of Instructional Time with ELLs, Mercy College of Health Sciences Teaching and Learning series, July 8, 2011
APTA Faculty Development Workshop for New Faculty, Midwestern University, May 19-22, 2011
Coaching Performance: The Key to Unlocking the Potential of Your People, Mercy Medical Center, May 12, 2011
Crucial Conversations Workshops/Book Discussions, Mercy Medical Center, January 7, 14, 21, and 28, 2011
Mercy College Professional Development Day, Item Writing and Analysis, January 17, 2011
APTA Training and Credentialing of Clinical Instructors, St. Ambrose, January 10-11, 2011

Professional References:

Traci Bush, D.P.T., OTR/L, DHS
Chair, Program Director and Associate Professor
Doctor of Physical Therapy Program
Des Moines University
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Sue Bravard, PT, MS
Physical Therapist Assistant Program Chair
Mercy College of Health Sciences
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Des Moines, IA 50309
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