

# 2023 Candidate Bio – Candidate for Director



## Victoria S. T. Tilley, PT Board-Certified Geriatric Clinical Specialist

Vicki Tilley is a University of Delaware graduate with 34 years of experience as a physical therapist, and she has been a Geriatric Certified Specialist since 1997. She is the founder and owner of ElderFit In Home Rehab, and since 2002 this outpatient practice has focused on care for the older adult in their home or community setting with an emphasis on fall prevention. Vicki's consulting has included the University of North Carolina, Geriatric Workforce Enhancement Program within the Division of Aging and Health, as a Project Facilitator. Her responsibilities included advising physician practices to help them implement fall prevention initiatives, providing updates of the Otago Online Training, clinical and billing guidance for providing Otago through Telerehabilitation, and being a member of the North Carolina Falls Coalition Strategic Plan Steering Committee. Vicki also works as the Health Director for Special Olympics North Carolina, which entails organizing free health screening and education events and developing partnerships to improve health access for individuals with intellectual disabilities in North Carolina. Previously, she was a Global Clinical Consultant and is co-founder of the FUNfitness Screening program for Special Olympics International. FUNfitness is the physical therapy screen component of Special Olympics Health. She has overseen screens and trained health professionals nationally and internationally since 2001. Her responsibilities included monitoring the implementation and coordination of the FUNfitness programs in the US, Canada and the Caribbean. Vicki has served as a member of the Special Olympic Aging Athlete Task Force and Global Fitness Task Force. As an active member of APTA and APTA North Carolina since 1997, Vicki's service awards include APTA North Carolina's Olive V Wortman Service award and the 2014 Founder's Lectureship, and APTA's Lucy Blair Service Award. In 2020 Vicki was elected to the Board of Directors of APTA.

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