

2023 Candidate Bio – Candidate for Director



Tim Vidale, PT, DPT, MBA Certified Sports and Orthopedic Manual Therapist

Dr. Tim Vidale is the CEO of Momentous Sports Medicine, and also serves as a Physical Therapist for the Baltimore Ravens. He was formerly the Physical Therapist and Assistant Rehab Coordinator for the Minnesota Twins. Dr. Vidale was featured in Forbes magazine as one of the top 1000 Entrepreneurs of 2021 on the Next 1000 list. He is a graduate of Florida A&M University where he was a hurdler and decathlete on the track and field team. Dr. Vidale went on to attain his Doctorate of Physical Therapy from Rutgers University, and later earned his MBA from George Washington University. He completed his Sports Physical Therapy fellowship (FAAOMPT) at the Institute for Athlete Regeneration. Prior to that he served as an Assistant Professor in the DPT program at Howard University. He was a member of Team USA as a Physical Therapist at the 2015 Pan American Games in Toronto, Canada with the United States Olympic Committee, and continued on as the Physical Therapist for USA Softball National team. Dr. Vidale is a published author, with publications in internationally distributed textbooks and scholarly journals and is also a content reviewer for the International Journal of Sports Physical Therapy. He currently sits on the State Board of Physical Therapy for Washington, DC and is very active in his professional associations. He has served in leadership roles in the American Academy of Sports Physical Therapy (Nominating, Practice and DEI committees), Private Practice Section (Education committee), Federation of State Boards of Physical Therapy (Nominating, Resolutions and PT Compact committees). He resides in Washington, DC with his wife and two daughters.

Last Updated: 04/10/2023

Contact: governancehouse@apta.org