

2023 Candidate Bio – Candidate for Nominating Committee



LaDarius (L.D.) Woods, PT, DPT, PhD

LaDarius “LD” Woods (he/him/his) is a candidate for the Nominating Committee.

LD is a husband, father, physical therapist, change-agent, and entrepreneur. His three life pillars are: faith, family, and service.

He is an associate professor at Alabama State University, one of eight Historically Black Colleges and Universities (HBCUs) which has an entry-level physical therapy education program. His clinical practice has been primarily in outpatient neurology. He recently embarked on a journey to become a pelvic health specialist to fill a need within the Montgomery, AL community where there are no certified pelvic health therapists within an 80-mile radius. In addition to his teaching responsibilities and concierge practice, LD is the Executive Director of Admissions Highway, a 501(c)(3), whose mission is to assist students on their journey to become a physical therapist.

He received his entry-level Doctor of Physical Therapy Degree from Alabama State University, a Doctor of Philosophy in Adult Education from Auburn University and is a 2022-2023 Fellow in the APTA Fellowship in Higher Educational Leadership. He has been an active member of the APTA since 2011. He began his service within APTA as a student where he was elected as Secretary for the Student Assembly Board of Directors (now Student Engagement Group). He has since served as APTA Alabama Delegate, Academy of Physical Therapy Research Combined Sections Meeting (CSM) Programming Chair, APTA Education Academy Finance Committee member, and Academy of Neurological Advocacy and Consumer Affairs Committee member. LD serves nationally on the APTA Diversity, Equity, and Inclusion (DEI) committee and American Council on Academic Physical Therapy (ACAPT) Culture of Belonging Task Force.

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