

# APTA CSM 2024: Hot Topics From Every Section and Academy

Visit [apta.org/CSM](https://apta.org/CSM) to see all educational sessions.



## Acute Care

- Keep It Simple — Management of the Complex Patient in the Emergency Department
- Driving Value in Acute Care: Creating a Culture Focused on Value
- Getting to Yes: Establishing Nursing Partnership for Interdisciplinary Hospital Mobility, Facilitated Discussion and Breakout Session

## Aquatics

- Shoulder Rehabilitation: Integrating Aquatic Therapeutic Applications, Maximizing Your Plan of Care
- Innovative Aquatic Therapy Techniques for Your Neurological Patients
- Jump Into the Deep End: Building an Aquatic Program for Patients With Developmental Neuromuscular Conditions

## Cardiovascular & Pulmonary

- Peripartum Cardiovascular Health Disparities and How Physical Therapists Play a Vital Role Across Settings
- One Step, or Pedal, at a Time: New Guidelines for Exercise Prescription in Autonomic Dysfunction
- Potential Role of Blood Flow Restriction Training in Patients With Sarcopenia

## Clinical Electrophysiology & Wound Management

- Differential Diagnosis and Management of Patients With Pain, Paresthesia, and Weakness in the Upper Extremity
- Clinical Utility of Ultrasound Imaging in Lower Extremity Pathology
- On the Rise: Soft Tissue Infection Associated With People Who Inject Drugs

## Education

- Promoting Innovation Opportunities With the 2024 CAPTE Standards
- Navigating Leadership in the Academy From a Minority Perspective: Innovative Strategies for Increasing Black Representation
- Past the Breaking Point? Student Financial Strain During Physical Therapy Education

## Federal Physical Therapy

- Clinical Reasoning: Where Do We Begin? Are We Teaching Best Practices?
- Primary Care Physical Therapy: A Proven Model of Care Within the Veterans Health Administration
- The Relationship Between Sleep and Body Composition/Musculoskeletal Health

## Geriatrics

- The 5 Ms of Geriatrics: The Missing Link in Movement System Framework
- 2024 Carole B. Lewis Lecture
- A Call for Physical Therapy Action on Hearing Loss, Balance Problems, and Fall Risk

## Hand and Upper Extremity

- Glenohumeral Joint Arthritis: Physical Therapy Management, Surgical Decision Making and Techniques, and Post-Operative Rehab Considerations
- Upper Extremity Peripheral Nerve Injuries: Anatomical Review, Examination, and Intervention Techniques
- Don't Move an Inch: Graded Motor Imagery for Hand Pain, Surgery, and Immobilization

## Home Health

- Current and Hot Topics in Home Health
- Help, I Need Ideas! 'Hiding' PT Interventions for Fall Prevention Guidelines in Fun Activities
- Don't Be Afraid: Safe and Effective Intervention for the Medically Complex Home Health Patient

## Leadership and Innovation

- Payment and Policy Updates: What Physical Therapists and Physical Therapist Assistants Need to Know
- Lamp Leadership 'TED Style' Talks — Shared Lessons on Leading Within and Leading Others
- The Rehabilitative Policy Maker: A Seat at the Table

## Neurology

- Taking the Next Step in Dysautonomia Management: Advancing PT Practice and Overcoming Clinical Challenges
- Beyond the Clinic Walls: Promoting Health and Wellness Across Populations at Risk for Falls
- It's a Wrap: Remarkable Role of Myelin Plasticity in Motor Learning and Rehabilitation

## Oncology

- I'm Too Young for Cancer: Addressing the Needs of Adolescents and Young Adults With Cancer
- Creating an Impairment-Driven Comprehensive Oncology Rehabilitation Program Using Data and Outcome Measures
- Brain Tumor Rehab Made Ridiculously Simple

## Orthopaedics

- Achilles Tendon Rupture and Tendinopathy: Considerations for the Athlete
- Exercise to Manage Chronic Pain: Translating Evidence to Individualized Exercise Programs
- From Rehabilitation to Recreation: Physical Activity to Support Living and Aging With Chronic Health Conditions

## Pediatrics

- When Reflux Comes up, Everything Is Affected
- Giving Hypermobile Children a Leg Up on Lower Extremity Function: Physical Therapist Assessment and Treatment
- Fostering Fundamental Motor Skills Development in Children of All Abilities to Promote Lifelong Physical Activity

## Pelvic Health

- Keeping Kegels in the Mix: Evidence and Nuance
- Equity Is Not Equality: Our Role in Protecting the Birth Experience They Want
- Oh Baby! Debunking Perinatal Myths to Better Inform Clinical Practice

## Private Practice

- From Basement to Big Time: Start, Build, and Grow a Physical Therapy Practice
- Multiple Revenue Streams Rather Than Multiple Clinics: Scaling Smarter Not Harder
- Fighting Existential Threats to the PT Profession Through Entrepreneurship

## Research

- AI, Oh My! How ChatGPT Can Rehab Your Workflow and Research Outcomes
- Leveraging Health Informatics in Quality Improvement, Research, and Education for 21st Century Physical Therapists
- Eugene Michels Research Forum: Precision Physical Therapy — Are We Ready to Embrace Genetics and Biomarkers in Rehabilitation?

## Sports

- The Tangled Web We Treat: Navigating Complex Relationships Between Brain and Muscle After ACL Injury
- Putting the Brakes On: Testing, Tracking, and Training Deceleration in Sport
- Treating Peripheral Nerve Injuries in Overhead Athletes: Don't Be Nerve-ous