

# 2023 Candidate Bio – Candidate for Director



## John Borstad, PT, PhD

I am excited and proud to be celebrating thirty years in the PT profession. I worked seven years as a clinician, spent four years as a graduate student, and have been in academics at two different institutions for 19 years.

My leadership style emphasizes empathy, transparency, consistency, and high standards while using data and collaboration to make decisions. Key leadership experiences include:

- As Department Chair I successfully navigated several difficult issues, including adapting to COVID-19, resolving program probation, and expanding by 33%. Meaningful outcomes include increased representation in cohorts, decreased student academic probations through support strategies, increased scholarly productivity, and decreased non-tuition student costs.
- Credentialed Fellow through the APTA Educational Leadership Institute Fellowship; Developed and implemented a program assessment process.
- Intellectual contributions to the Terminology Working Group, APTA Clinical Education Task Force.
- As editor of Therapeutic Exercise, I collaborate with other editors, lead a team of chapter contributors, manage deadlines, and gather, synthesize, and communicate up-to-date clinically-relevant educational materials.
- Board of Directors of the International Shoulder Group (ISG) and Awards Committee Chair for the APTA Biomechanics SIG. Outcomes include organizing bi-annual meetings and establishing three student travel awards for the ISG, and developing the awards, criteria, messaging and processes for the Biomechanics SIG.

My key community leadership experiences include serving as Board President for St. Ann's Residence, congregation President of Advent Lutheran Church, and lead PT for a pro-bono clinic in Columbus, Ohio.

Outside of work, I enjoy being outdoors with my wife and dog, reading, traveling, and puzzling.

Serving as Delegate from Minnesota for the past three years sparked a passion for national governance and leadership. I am eager to translate my House experience into meaningful professional service and enter this candidacy with the sincere desire to make a difference for APTA members and the profession.

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