State Laws and Regulations Governing Dry Needling Performed by Physical Therapists in the U.S.

Laws that govern physical therapists’ ability to perform dry needling vary among the states. This map and the key below identify which state laws permit dry needling, which prohibit it, and which are silent on it.

Law Permits PTs to Perform Dry Needling (38 states and D.C.)

Alabama, Idaho, Maryland, Missouri, Montana, North Carolina, North Dakota, Ohio, Utah, Vermont, Virginia, Washington, D.C.

Law Prohibits PTs From Performing Dry Needling (Five states)

California, Hawaii, New York, Oregon, Texas

Law Is Silent on PTs Performing Dry Needling (Seven states)

Connecticut, Michigan, Missouri, Pennsylvania, Rhode Island, South Dakota, Washington

This map provides general information only “as is” with no guarantee of completeness, accuracy or timeliness. It is not a substitute for determining your own regulatory, facility, or payer requirements for practice. You are responsible for fulfilling your legal and professional obligations by complying with applicable local, state, and federal laws and regulations.

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