Laws that govern physical therapists’ ability to perform dry needling vary among the states. This map and the key below identify which state laws permit dry needling, which prohibit it, and which are silent on it.

**Law permits PTs to perform dry needling (39 states and D.C.)**
- Alabama
- Florida
- Indiana
- Nevada
- Rhode Island
- Virginia
- Alaska
- Kansas
- Iowa
- New Hampshire
- South Carolina
- Washington
- Arizona
- Kentucky
- Maine
- New Jersey
- South Dakota
- West Virginia
- Arkansas
- Louisiana
- Maryland
- New Mexico
- Tennessee
- Wisconsin
- Colorado
- Georgia
- Mississippi
- North Carolina
- Texas
- Wyoming
- Delaware
- Idaho
- Montana
- North Dakota
- Utah
- District of Columbia
- Illinois
- Nebraska
- Ohio
- Vermont

**Law prohibits PTs from performing dry needling (Four states)**
- California
- Hawaii
- New York
- Oregon

**Law is silent on PTs performing dry needling (Seven states)**
- Connecticut
- Michigan
- Missouri
- Pennsylvania
- Massachusetts
- Minnesota
- Oklahoma

This map provides general information only “as is” with no guarantee of completeness, accuracy, or timeliness. It is not a substitute for determining your own regulatory, facility, or payer requirements for practice. You are responsible for fulfilling your legal and professional obligations by complying with applicable local, state, and federal laws and regulations.

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