

New Foundational Paper Details Digital Technology and Physical Therapists' Role



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Alexandria, VA — The American Physical Therapy Association published a foundational paper to provide the physical therapy profession with a detailed overview of digital health technologies, current applications in physical therapy, safety considerations, potential challenges, and future opportunities.

Most importantly, "[The Digitally Enabled Physical Therapist](#)" emphasizes the fact that any service labeled physical therapy delivered using digital technologies **must** be performed by a physical therapist or physical therapist assistant under the PT's supervision. The paper notes that digital technologies are tools that augment physical therapist services — they do not and will never substitute for a human clinician.

Earlier this year, APTA launched a [Digital Health Transparency Campaign](#) to ensure that licensed physical therapists remain directly involved in the provision of care no matter the delivery system. The campaign seeks to encourage leaders in the field of physical therapy and digital health care to pledge their commitment to transparency.

Since its launch in September of this year, eight additional companies have signed APTA's pledge for transparency in digital health, including Blue Marble Health, CityPT, IncludeHealth, Motusi, VALD, Fourier Intelligence, Netic Health, and Medbridge

APTA promotes consumer transparency and encourages other companies to commit to [this pledge](#).

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The American Physical Therapy Association represents 100,000 physical therapists, physical therapist assistants, and students of physical therapy nationwide. Visit apta.org to learn more.