

**CATHERINE WORTHINGHAM FELLOWS OF THE APTA BOD Y02-18-09-06** [Amended BOD Y08-17-05-09; BOD Y08-17-04-08; BOD Y08-16-03-07; BOD Y08-13-05-09; BOD Y07-09-03-08; BOD Y07-09-03-08; BOD 11-08-03-04 BOD 06-08-02-02 BOD 06-06-07-18 BOD 03-04-05-04; BOD 03-03-02-01; BOD 02-02-06-05; BOD 08-01-01-01; BOD 03-99-03-02; BOD 11-98-29-102; BOD 06-98-05-13; BOD 03-97-05-12; BOD 11-96-06-15; BOD 06-96-12-32; BOD 06-95-12-16; BOD 11-94-09-24; BOD 02-94-02-03; BOD 03-93-06-10; BOD 03-90-16-45; BOD 11-88-12-44; BOD 03-87-06-20; BOD 03-84-05-17; Initial BOD 11-80-04-11] [Policy]

Article IV, Section 1, J, of the Association's bylaws defines the membership category and qualifications of Catherine Worthingham Fellows of the APTA as:

1. A Physical Therapist or Life Physical Therapist member of the association whose contributions to the profession through leadership, influence, and achievements demonstrate frequent and sustained efforts to advance the profession for a period of not less than 15 years preceding the nomination for election.
2. Have been nominated by a member or a component and elected by a ballot vote of at least two-thirds of the entire membership of the Board of Directors.
3. Continue in Physical Therapist membership or in another membership category after election.
4. Current members of the APTA Board of Directors and members of the APTA Awards Committee's Catherine Worthingham Fellows Subcommittee are not eligible to be nominated for this award and shall not nominate, write letters of support, or endorse an individual for this award.

As provided in the bylaws, the APTA Board of Directors (Board) has prescribed and published membership qualifications that apply in judging the nomination of any Physical Therapist member or Life Physical Therapist member to be named a Catherine Worthingham Fellow of the APTA. Only candidates who successfully meet all of the criteria as outlined in Membership Qualifications Prescribed by the Board of Directors will be considered by the Board for election to the Catherine Worthingham Fellow membership category.

**EXAMPLES THAT MAY REFLECT A CATHERINE WORTHINGHAM FELLOW NOMINEE'S CONTRIBUTIONS AND ACHIEVEMENTS WITHIN EACH DOMAIN AND ACROSS DOMAINS**

TABLE 1: Examples that may reflect a nominee's contributions and achievements within each domain. *Note:* A column is provided for each domain. Read columns top to bottom for information specific to each domain.

| <i>A nominee may demonstrate excellence in <b>ADVOCACY</b> by:</i>   | <i>A nominee may demonstrate excellence in <b>EDUCATION</b> by:</i>  | <i>A nominee may demonstrate excellence in <b>PRACTICE</b> by:</i>                               | <i>A nominee may demonstrate excellence in <b>RESEARCH</b> by:</i>                      |
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| Developing and implementing innovative methods and/or materials for advocacy about physical therapy (eg, public service announcements) | Developing and implementing innovative instructional methods and/or materials related to physical therapist practice | Developing and implementing innovative physical therapy service delivery methods and/or programs | Developing and implementing innovative research relevant to physical therapist practice |

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| Developing and implementing innovative community outreach programs to inform the public about physical therapy                            | Developing and implementing innovative academic or continuing education courses related to physical therapist practice   | Developing and implementing innovative physical therapist patient and client management methods                              | Developing and implementing innovative research relevant to basic science, health policy, education, clinical practice, or other topics that extend beyond physical therapist practice |
| Participating in or leading interdisciplinary collaborative efforts regarding policy relevant to physical therapist practice              | Participating in or leading interdisciplinary collaborative educational activities or projects   | Participating in or leading interdisciplinary collaborative practice activities or projects                                  | Participating in or leading interdisciplinary collaborative research activities or projects  |
| Serving in leadership positions related to the development and promotion of policy or legislation relevant to physical therapist practice | Serving in leadership positions in education-related interdisciplinary or governmental organizations (eg, regional accreditation bodies)                       | Serving in leadership positions in practice-related interdisciplinary organizations (eg, The Joint Commission)               | Serving in leadership positions on scientific review panels or research-related advisory boards  |
| Serving in an administrative or leadership role focused on advocacy related to physical therapist practice and/or health care             | Serving in an administrative or leadership role in an academic setting   | Serving in an administrative or leadership role in a clinical setting  | Serving in an administrative or leadership role in a research setting  |
| Serving in an elected or appointed position in state or federal government (eg, state licensing board, health policy committees)          | Obtaining advanced credentialing and demonstrating leadership in the clinical instructor credentialing process or serving as an exceptional clinical preceptor | Obtaining board certification and demonstrating leadership in clinical specialization  | Serving as an editor or serving on an editorial board of a refereed scientific or clinical journal   |
| Providing consultation to others related to development and promotion of legislation related to physical therapist practice               | Providing consultation to others related to development and implementation of educational methods and/or materials   | Providing consultation to others related to development and implementation of innovative physical therapist practice methods | Providing consultation to others related to development and implementation of research methods   |
| Obtaining grants for projects related to advocacy   | Obtaining grants for projects related to education   | Obtaining grants for projects related to practice  | Obtaining grants for original research   |
| Serving as an invited speaker or keynote speaker at advocacy-related meetings or conferences  | Serving as an invited speaker or keynote speaker at education-related meetings or conferences  | Serving as an invited speaker or keynote speaker at practice-related meetings or conferences                                 | Serving as an invited speaker or keynote speaker at research-related meetings or conferences   |
| Serving in voluntary advocacy-related roles in APTA or other professional organizations   | Serving in voluntary education-related roles in APTA or other professional organizations   | Serving in voluntary practice-related roles in APTA or other professional organizations                                      | Serving in voluntary research-related roles in APTA or other professional organizations  |
| Receiving honors and/or awards specific to their contributions to advocacy  | Receiving honors and/or awards specific to their contributions to education  | Receiving honors and/or awards specific to their contributions to practice   | Receiving honors and/or awards specific to their contributions to research   |

TABLE 2: Examples that may reflect a nominee’s contributions and achievements across domains. *Note:* A column is provided for each domain. Read columns top to bottom for information specific to each domain.

| <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF ADVOCACY</u> contributions and achievements <u>TO THE ADVOCACY DOMAIN</u> by:</i></b>  | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF EDUCATION</u> contributions and achievements <u>TO THE ADVOCACY DOMAIN</u> by:</i></b>  | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF PRACTICE</u> contributions and achievements <u>TO THE ADVOCACY DOMAIN</u> by:</i></b>  | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF RESEARCH</u> contributions and achievements <u>TO THE ADVOCACY DOMAIN</u> by:</i></b>  |
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| <i>Translation not applicable/needed if primary domain is advocacy</i>   | Advocating about educational needs and/or standards on national and/or state levels   | Advocating about practice needs and/or standards at national and/or state levels   | Advocating about research needs and/or standards on national and/or state levels   |
|  | Educating consumers and legislators about physical therapy education  | Educating consumers and legislators about physical therapist practice  | Advocating for change in practice based on research  |
|  | Participating in community outreach to inform people about physical therapy education   | Participating in community outreach to inform people about physical therapist practice   | Contributing to media coverage about implications of nominee’s research for policy   |
| <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF ADVOCACY</u> contributions and achievements <u>TO THE EDUCATION DOMAIN</u> by:</i></b> | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF EDUCATION</u> contributions and achievements <u>TO THE EDUCATION DOMAIN</u> by:</i></b> | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF PRACTICE</u> contributions and achievements <u>TO THE EDUCATION DOMAIN</u> by:</i></b> | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF RESEARCH</u> contributions and achievements <u>TO THE EDUCATION DOMAIN</u> by:</i></b> |
| Mentoring students and/or professionals in advocacy techniques and projects  | <i>Translation not applicable/needed if primary domain is education</i>   | Mentoring students in clinical internships and/or professionals in clinical residency or fellowship programs; or post-doctoral research fellowships  | Mentoring students and/or professionals in research methods and projects   |
| Teaching advocacy methods in academic and continuing education courses   |   | Teaching clinical practice methods in academic and continuing education courses  | Teaching research methods in academic and continuing education courses   |
| Teaching public policy content in academic or continuing education courses   |   | Teaching practice management content in academic or continuing education courses   | Teaching evidence-based practice content in academic or continuing education courses   |
| Serving as an invited speaker or keynote speaker at research-, education-, or practice-related meetings or conferences                               | <i>Translation not applicable/needed if primary domain is education</i>   | Serving as an invited speaker or keynote speaker at research-, education-, or advocacy-related meetings or conferences                               | Serving as an invited speaker or keynote speaker at education-, practice-, or advocacy-related meetings or conferences                               |
| Presenting educational sessions at international meetings or conferences   |   | Presenting educational sessions at international meetings or conferences   | Presenting educational sessions at international meetings or conferences   |
| Testifying before state and/or federal government panels   |   | Presenting grand rounds to medical staff   | Presenting research platforms or posters   |
| Influencing a change in CAPTE standards based on advocacy contributions and achievements   |   | Influencing a change in CAPTE standards based on practice contributions and achievements   | Influencing a change in CAPTE standards based on research contributions and achievements   |

| <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF ADVOCACY</u> contributions and achievements <u>TO THE PRACTICE DOMAIN</u> by:</i></b> | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF EDUCATION</u> contributions and achievements <u>TO THE PRACTICE DOMAIN</u> by:</i></b> | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF PRACTICE</u> contributions and achievements <u>TO THE PRACTICE DOMAIN</u> by:</i></b> | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF RESEARCH</u> contributions and achievements <u>TO THE PRACTICE DOMAIN</u> by:</i></b> |
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| Contributing to media coverage about implications of public and/or payment policy for physical therapist practice                                   | Contributing to media coverage regarding changes in physical therapist patient and client management   | <i>Translation not applicable/needed if primary domain is practice</i>  | Contributing to media coverage about implications of nominee's research for practice  |
| Developing and administering methods for integrating public policy into clinical practice   | Developing and administering a clinical residency or fellowship program; or a post-doctoral research fellowship                                      |   | Developing and outlining methods for translating basic science and clinical research into clinical practice   |
| Providing consultation related to the application of public policy in physical therapist practice   | Providing consultation related to the application of changes in physical therapy education to physical therapist practice                            |   | Providing consultation related to the application of research findings to physical therapist practice   |
| <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF ADVOCACY</u> contributions and achievements <u>TO THE RESEARCH DOMAIN</u> by:</i></b> | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF EDUCATION</u> contributions and achievements <u>TO THE RESEARCH DOMAIN</u> by:</i></b> | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF PRACTICE</u> contributions and achievements <u>TO THE RESEARCH DOMAIN</u> by:</i></b> | <b><i>A nominee may demonstrate evidence of <u>TRANSLATION OF RESEARCH</u> contributions and achievements <u>TO THE RESEARCH DOMAIN</u> by:</i></b> |
| Publishing policy-related research articles in refereed and/or non-refereed journals  | Publishing education-related research articles in refereed and/or non-refereed journals  | Publishing practice-related research articles in refereed and/or non-refereed journals  | <i>Translation not applicable/needed if primary domain is research</i>  |
| Publishing policy-related chapters and/or textbooks   | Publishing education-related chapters and/or textbooks   | Publishing practice-related chapters and/or textbooks   |   |
| Serving as an editor for a refereed policy-related research journal   | Serving as an editor for a refereed education-related research journal   | Serving as an editor for a refereed practice-related research journal   |   |
| Participating in or leading research that results in public policy changes  | Demonstrating scholarly activity (eg, curricular revisions) in education over the course of career   | Delivering presentations to the research community about changes in practice  |   |

### Procedures for Nomination

Note: Please refer to the Policy and Procedures Regarding APTA Honors and Awards for additional procedural information.

1. The nomination of any Physical Therapist or Life Physical Therapist member to be named a Catherine Worthingham Fellow of the APTA must be submitted electronically via APTA's website ([www.apta.org](http://www.apta.org)). The nomination may be submitted by any individual member, chapter, section or assembly of the association, except that no active or life member may nominate himself or herself. All materials completed and submitted for each nomination must be received by the APTA Honors and Awards Program by 5:00 pm ET on December 1 for consideration of this membership category.
2. The nominator is responsible for reviewing and ensuring the completion of all steps and compliance with eligibility criteria within the online nomination submission process before its final submission. During the online process, the following documents will be required for upload:
  - a. Current and complete curriculum vitae or resume of the nominee.

The curriculum vitae or resume should include:

- Identification of whether articles are published in refereed or non-refereed journals
  - Differentiation between invited lectures, presentations, addresses, and symposia and whether such was presented nationally or internationally
  - Identification of service to the association and the level at which the contribution was made (national, chapter, section, district)
- b. Letter of nomination (from the nominator) that clearly identifies how the nominee meets the criteria described in this policy; provides evidence of the nominee's nationally prominent leadership, influence, and achievements within the physical therapy profession; and briefly summarizes the supporting documentation, not to exceed 4 pages. The letter of nomination should make explicit reference to the primary domain within the first paragraph.
- c. A narrative description (not to exceed 1 page) that provides a rationale for the initial event (and its date) that constituted the beginning of the nominee's contributions, as well as a justification for subsequent contributions as being "frequent and sustained." The narrative description and its contents should focus upon a singular event and provide greater detail relating to the referenced event within the narrative's contents. The domain (primary or secondary domain) must be indicated on the form upon completion.
- d. Four letters of support from APTA members that reflect a varied constituency and nationwide support of the nominee, not to exceed 2 pages each. Letters of support should make direct reference to at least 1 of the secondary domain areas.
- e. One letter of support from an individual external to the physical therapy profession that addresses the nominee's notable contributions to physical therapy as judged from outside the profession; not to exceed 2 pages.

Letters of support should:

1. Explicitly state how the nominee is qualified under each criteria by providing details on what the nominee has accomplished during his/her professional career and how it has specifically impacted the area(s) of advocacy, education, practice or research.
2. Explicitly describe how the nominee has demonstrated leadership and excellence within a primary domain and translated their efforts across 2 of the 3 remaining described in the Fellowship criteria.
3. Indicate the institution or facility with which the author of the letter is affiliated and in what capacity the author works or worked with, or otherwise knows personally, the nominee.
4. Reflect genuine knowledge and consideration of the nominee's qualifications for the membership category of Catherine Worthingham Fellow of the APTA.
5. For nominees who are published authors, submit a list of "significant" published papers, monographs, books, and book chapters. (Note: Submit list only if this information is not included as a part of the nominee's curriculum vitae/resume.)

Procedures for Review and Election

All nominations shall be evaluated by the Awards Committee's Catherine Worthingham Fellows Subcommittee, consisting of 5 Catherine Worthingham Fellows of the APTA appointed by the Board of Directors.

1. The Catherine Worthingham Fellows Subcommittee shall use a standard review measurement tool for ranking each nominee during the review process and shall report to the Board of Directors its recommendation(s), if any, with

support statements for the election of 1 or more of the nominees as Catherine Worthingham Fellow(s) of the APTA.

2. The Board of Directors shall review and discuss recommendations and elect Catherine Worthingham Fellows of the APTA at an upcoming Board of Directors meeting. The election of each Fellow shall be by a confidential ballot vote of the Board of Directors with at least two-thirds of the entire membership of the Board of Directors voting in the affirmative for election.

#### Effective Date and Notification

1. Election as a Catherine Worthingham Fellow of the APTA shall be effective immediately.
2. Each newly elected Catherine Worthingham Fellow of the APTA shall be notified promptly of his or her election, and the association shall publicize the election at the earliest opportunity through appropriate APTA publications and to external media.

#### Recognition

Each Catherine Worthingham Fellow of the APTA shall be presented with a certificate and lapel pin commemorating election to this membership category, by APTA's Board of Directors at the association's annual conference following election.

#### Rights

Catherine Worthingham Fellows of the APTA shall have the right to use the initials FAPTA after their names [APTA bylaws: Article IV., Section 2, B, (12)] and shall have such other rights as provided in the association's bylaws for any other membership category of the association in which they continue in membership after election as Fellows.

#### **Explanation of Reference Numbers:**

BOD P00-00-00-00 stands for Board of Directors/month/year/page/vote in the Board of Directors Minutes; the "P" indicates that it is a position (see below). For example, BOD P11-97-06-18 means that this position can be found in the November 1997 Board of Directors minutes on Page 6 and that it was Vote 18.

P: Position | S: Standard | G: Guideline | Y: Policy | R: Procedure