

## Curriculum Vitae

### **Tracy Porter, PT, DPT, EdD**

Department of Physical Therapy  
Des Moines University  
3200 Grand Avenue  
Des Moines, IA 50312  
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### **Education:**

Institution: Concordia University  
Location: Portland, OR  
Dates: 2016 to 2020  
Field of Study: Higher Education  
Degree Received: Doctor of Education

Institution: Washington University  
Location: St. Louis, MO  
Dates: 2007 to 2012  
Field of Study: Post Professional DPT  
Degree Received: Doctor of Physical Therapy

Institution: Des Moines University  
Location: Des Moines, IA  
From: 1995 to 1997  
Field of Study: Physical Therapy  
Degree Received: Master of Science Degree in Physical Therapy

Institution: University of Northern Iowa  
Location: Cedar Falls, Iowa  
From: 1991 to 1995  
Field of Study: Biology  
Degree Received: B.S. in Biology, Summa Cum Laude

### **Licensure:**

Physical Therapist, State of Iowa – (#02588) 1997-Present

### **Employment:**

Assistant Director Clinical Education  
Associate Professor  
Non-tenure track

#### **Des Moines University**

Des Moines, IA  
2014 – Present

PRN Physical Therapist

#### **Blue Stone Therapy**

Urbandale, IA  
2019 - 2020

Academic Coordinator of Clinical Education  
Assistant Professor  
Non-tenure track  
**Mercy College of Health Sciences**  
Des Moines, Iowa  
2010 - 2014

Adjunct Faculty  
Assistant Professor  
Non-tenure track  
**Mercy College of Health Sciences**, School of Liberal Arts and Sciences  
Des Moines, IA  
2012 - 2014

Adjunct faculty member  
No rank  
Non-tenure track  
**Mercy College of Health Sciences**  
Des Moines, Iowa  
2009 - 2010

Clinic Director  
Senior Physical Therapist  
**21st Century Rehab, PC**  
Madrid, Iowa  
2007 - 2010

Senior Physical Therapist  
**21st Century Rehab, PC**  
Nevada, Iowa  
2006 - 2007

Staff Physical Therapist  
**Accelerated Rehab, Inc.**  
Ames, Iowa  
2005 - 2006

Physical Therapist  
**One Heart Equestrian Therapy**  
Nevada, Iowa  
2002 - 2006

Staff Physical Therapist / Department Head  
**21st Century Rehab, PC**  
Nevada and Webster City, Iowa  
1997 - 2005

**Peer Reviewed Scientific and Professional Presentations:**

**Porter, T.,** Utley, C., and Baker E. Clinical instructor perceptions of the Clinical Internship Evaluation Tool's efficiency and effectiveness. Poster presentation at the American Physical Therapy Association Combined Sections Meeting. February 2022; San Antonio, TX.

**Porter, T.,** Wesselink, J., and Vardaxis, V. Assessment of cultural competence curricular effectiveness in Doctor of Physical Therapy (DPT) education. Platform presentation at the American Physical Therapy Association Education Leadership Conference. October 2021; Atlanta, GA.

**Porter, T.** Perceived Accuracy of Doctor of Physical Therapy Students' Self-Assessment Using Two Clinical Performance Assessment Tools (2020). Ed.D. Dissertations. 466.

**Porter, T.** Analysis of "beyond entry-level" performance ratings on the physical therapist clinical performance instrument. Platform presentation at the American Physical Therapy Association Education Leadership Conference. October 2016; Phoenix, AZ.

**Porter, T.,** Bravard, S. Analysis of "with distinction" ratings on the PTA clinical performance instrument. Platform presentation at the American Physical Therapy Association Education Leadership Conference; October 2013; Portland, OR.

**Non-Peer Reviewed Presentations:**

**Porter, T.,** Bringing it Together: Enhancing Our Identity as Movement Experts. Presented at the APTA Iowa Spring Conference; April 9, 2022; Des Moines, IA.

**Porter, T.,** Kempf, A. Walk this way: An interprofessional approach for prevention and management of diabetic foot pathologies. Presented at the Iowa Diabetes and Wellness Summit; November 10, 2021; Des Moines, IA.

Baker, E., **Porter, T.** Comparison of cultural competence levels at matriculation for two Doctor of Physical Therapy (DPT) cohorts. Presented at the Des Moines University Research Symposium; December 2, 2021; Des Moines, IA.

Wesselink, J., **Porter, T.,** Identification of a cultural competence assessment tool for Des Moines University's Doctor of Physical Therapy Program. Presented at the Des Moines University Research Symposium; December 5, 2019; Des Moines, IA.

**Porter, T.,** Chew on this: Evaluation and treatment of TMJ dysfunction. Presented at the Iowa Physical Therapy Association Fall Conference; October 26, 2019; Des Moines, IA.

**Porter, T.,** Doyle, J. Clinical performance assessment. Presented at Des Moines University Friday Research Seminar; April 26, 2019; Des Moines, IA.

**Porter, T.,** Bravard, S. Effective PT/PTA Teams: Supervision and Delegation Best Practices. Presented at the Iowa Physical Therapy Association Fall Conference; October 26, 2018; Des Moines, IA.

**Porter, T.,** Willey, M, and Westermann, R. Management of adolescent and young adult hip pathology. Presented at the Iowa Physical Therapy Association Fall Conference; October 27, 2018; Des Moines, IA.

**Porter, T.,** Bravard, S. More than just more reps: optimizing exercise progression. Presented at the Iowa Physical Therapy Association Spring Conference; April 2018; Des Moines, IA.

**Porter, T.** Application of the movement systems model to the management common hip pathologies. Presented to the Iowa Physical Therapy Association SE District; April 2018; Iowa City, IA.

**Porter, T.** Restoring motor control for walking in older adults with mobility limitation. Presented at the Iowa Physical Therapy Association Fall Conference; October 2017; Des Moines, IA.

**Porter, T.** Using the movement system model to evaluate and treat common hip pathologies. Presented at the Iowa Physical Therapy Association Fall Conference; October 2017; Des Moines, IA.

Wexter, J., **Porter, T.** Evaluation and treatment of a vestibular patient. Presented at the Iowa Physical Therapy Association Fall Conference; October 2017; Des Moines, IA.

**Porter, T.** Effective feedback. Presented at the Iowa Physical Therapy Association Spring Conference; April 2015; Ames, IA.

**Porter, T.** Postural correction for the PTA. 6-hour CEU presentation at the Iowa Physical Therapy Spring Conference; April 2014; Ames, IA.

Hamer, A., **Porter, T.** Aquatic therapy. Presented at Iowa Physical Therapy Association Spring Conference; April 2013; Ames, IA.

**Porter, T.** Bravard, S. The Shoulder Complex. 6-hour CEU presentation at the Iowa Physical Therapy Association Fall Conference; November 2012; Ames, IA.

**Current/Active Research Activity:**

IRB Title: Implementation of a Cultural Competence Assessment Tool for Des Moines University's Doctor of Physical Therapy Program (funded)

IRB Title: Perceptions of Physical and Psychosocial Outcomes of Participation in Hippotherapy and Therapeutic Riding (not funded)

IRB Title: Clinical Instructor Perceptions of the Clinical Internship Evaluation Tool (not funded)

IRB Title: Perceived accuracy of Doctor of Physical Therapy students' self-assessment of clinical performance using the Physical Therapist Clinical Performance Instrument and the Clinical Internship Evaluation Tool (not funded)

**Honors and Awards:**

Des Moines University Community Champion, November 2021

Olive C. Farr Distinguished Service Award from the Iowa Chapter of the American Physical Therapy Association, April 2021

Alpha Eta Society, Des Moines University Chapter, May 2018

Office of Diversity and Multicultural Affairs 2018 Diversity Champion Award, May 2018

Alpha Eta Society, Mercy College of Health Sciences Chapter, April 2014

**Membership in Scientific/Professional/Honorary Societies:**

Member, Education Section of the American Physical Therapy Association 2010 - present

Member, Iowa Physical Therapy Association 1995 - present

President 2019 - 2021

Vice President 2017 - 2019

Secretary 2013 - 2016

Member, American Physical Therapy Association 1995 – present

**Service:**

Committee leadership and service:

Des Moines University Educational Resources and Technology Committee

2021-2022 Chair

2020-2021 Member

Des Moines University College of Health Sciences Associate Dean Search Committee

2022 Chair

Des Moines University Faculty Organization Nominating Committee

2022 Member

2021 Chair

Des Moines University Physical Therapy Club Advisor

2020 – Present

APTA's 100 Days of Service Initiative

Coordinated with DPT student leaders and supervised service events including:

leading a warm-up prior to the NAMI Walks Your Way event on September 25,

2021, presenting movement to build resilience to the staff at Anawim Housing

October – December 2021, 5K training event with Special Olympics Iowa November

6, 2021, and holiday wellness event for Big Brothers Big Sisters December 14, 2021.

APTA Iowa State Fair Community Screening August 13, 2021.

Resilience and Mindful Movement presentation to Anawim's Full Circle Group in collaboration with Employee and Family Resources on April 23, 2021.

Building Your Resilience Resume presentation to Freedom for Youth in collaboration with Employee and Family Resources on February 24, 2021.

Trauma Informed Parenting: Creating Safety and Calm presentation in collaboration with Employee and Family Resources on January 21, 2021.

Des Moines University Physical Therapy Club Derecho Clean Up Event, Des Moines, IA, August 22, 2020

Faculty name reader, DPT White Coat Ceremony, August 21, 2020

Iowa delegate to the American Physical Therapy House of Delegates 2020, 2019, 2018

APTA Iowa Legislative Day 2022, 2021, 2020, 2019, 2018, 2017, 2016

Additional community and professional service summary:

Des Moines University Stroke Camp August 19-23, 2019, August 20-23, 2018, and August 21-25, 2017

Health PASS Mock Interviews June 25, 2019

DMU Back to School Physicals 2018, 2017

Faculty hooder for DMU commencement, May 25, 2018.

FunFitness screening at the Iowa Special Olympics, May 18, 2018.

Easter Seals Walk for Independence Screening, Ankeny, IA, April 29, 2017

Mini Medical School Facilitator, Des Moines, IA, February 28, 2017

Senior Health Fair Screening on November 5, 2016

CFUM Back to School Physicals, Des Moines, IA, July 2015, 2016

Iowa Physical Therapy Association Student Mentor, Ames, IA November 2015, April 2016

State Fair Health Screening with Des Moines University, Des Moines, IA, August 2015

Diversity Health Series Co-facilitator certification 2015

**Examples of Continuing Education Attended:**

Enhancing the Movement System: Optimizing Hip Movement for the Athlete. APTA Iowa Spring Conference April 8, 2022 (6 hrs)

2022 Combined Sections Meeting of the American Physical Therapy Association (6 hrs)

2021 Combined Sections Meeting of the American Physical Therapy Association, March 2021 (5 hrs)

Pelvic Health is Everyone's Business, IPTA Fall Conference, October 23, 2020 (6 hrs)

Foundation Issues Forum, IPTF, October 22, 2020 (3 hrs)

Total Joint Replacement and Pain Management in the Acute Care Setting, IPTA, September 8, 2020 (1 hr)

Foundation Issues Forum, IPTF, April 16, 2020 (2.5 hrs)

State Policy and Payment Forum, APTA, September 14, 2019 (6 hrs)

Ethical Conundrum? We have a principle for that! IPTA Spring Conference, April 5, 2019 (2 hrs)

Ethics Panel facilitated by Dr. Nancy Kirsch, IPTA Spring Conference, April 5, 2019 (1 hr)

Evaluation and Treatment Following Hip Labral Repair with Integration of the MSI Syndromes, IPTA Spring Conference, April 5, 2019 (2 hrs)

Exercise Prescription for Patients with Heart Failure, IPTA Spring Conference, April 5, 2019 (1 hr)

Foundation Issues Forum, IPTA Spring Conference, April 4, 2019 (4 hrs)

Evidence-Based Practice Presentations, IPTA SW District Meeting, November 13, 2018 (2.5 hrs)

Unpacking Carbon Fiber AFOs - Not All Carbon Foot Prints are the Same, IPTA SW District Meeting, September 11, 2018 (1hr)

Diagnosis and Treatment for SI Dysfunction, IPTA SW District Meeting, May 15, 2018 (1 hr)

Foundation Issues Forum, IPTA Spring Conference, April 19, 2018 (4 hrs)

Incorporating Psychosocial Factors of Vestibular Rehab, IPTA SW District Meeting, February 6, 2018 (1 hr)

From Madness to Methods 2.0: Formative Assessment Strategies, DMU CTL, February 1, 2018 (1 hr)

Integration, Competence and Expertise: Preparing Learners for the Future, IAMSE Webinar, January 26, 2018, (1 hr)

DMU Research Symposium, DMU Office of Research, December 7, 2017, (3.5 hrs)

Characteristics of Current Learners, DMU CTL, November 2, 2017, (1 hr)

Movement System Diagnosis – Application to Patients with Mobility Deficits, DMU CME, September 15, 2017, (6 hrs)

Sharing Assessment Information: Why, How, and What to Consider, IAMSE Webinar, March 23, 2017 (1 hr)

Treatment Pearls: Practitioners with Practice, IPTA Spring Conference, March 10, 2017 (6 hrs)

Foundation Issue Forum, IPTA Spring Conference, March 8, 2017 (4 hrs)

Remediation and Trust Decisions in Competency Based Medical Education, IAMSE Webinar, March 16, 2017 (1 hr)

The Imperative for Incorporating Mind-Body Medicine in Health Professions Education, IAMSE Webinar, January 26, 2017 (1 hr)

Improving Medical Student Mental Health: A Multifaceted Approach, IAMSE Webinar, January 12, 2017 (1 hr)

Foundation Issues Forum, IPTA, October 27, 2016 (4 hrs)

Medical Therapeutic Yoga, IPTA SW District Meeting, May 17, 2016, (1 hr)

Striking Out Stroke Gait Impairments through Evaluation, Intervention, and Documentation Iowa Physical Therapy Association April 23, 2016 (6 hrs)

Foundation Issues Forum, Iowa Physical Therapy Foundation April 21, 2016 (4 hrs)

Planning for Curriculum Mapping, Dina M. Kurzweil, PhD, March 4, 2016

Aligning the Beginning and End: Instructional Design, Bloom’s Taxonomy and Backward Design IAMSE Webinar, February 26, 2016 (1 hr)

Update on Selected Topics in Sports Medicine with Evidence Based Medicine, Mid Iowa Orthopedic Study Group, February 8, 2016 (1.5 hrs)

Interventions for the Foot and Ankle That Don’t Stink: Evidence and Hands-on Application, Iowa Physical Therapy Association, November 7, 2015 (6 hrs)

Wisdom Gained Through the Years: Sharing the Act of Caring and the Science of Healing Panel Discussion, Iowa Physical Therapy Association, and November 6, 2015 (6 hrs)

Drinking Water from a Fire Hydrant: Public Policy and Payment Changes and Challenges for PT Practice, Iowa Physical Therapy Foundation Issues Forum, November 5, 2015 (4 hrs)

Transforming Medical Education through the Science of Health Care Delivery webinar, Mayo Clinic, September 9, 2015 (1 hr)

Principles of Effective College Teaching Series, Magna Online Course, Magna Publications Inc., July 12, 2015 (12 hrs)

Too Hot to Handle: Desensitizing the Hypersensitive Patient, Iowa Physical Therapy Association, April 25, 2015 (6 hrs)

PT Pearls from the Podium, Iowa Physical Therapy Association, April 24, 2015 (6 hrs)  
Designing, Implementing, and Evaluating Continuing Interprofessional Education (CIPE) Activities Using a Systematic Planning Process, Strategic Partnerships for Interprofessional Research and Education webinar, March 19, 2015 (1 hr)  
Social Determinants of Health: Collaborating to Overcome Barriers and Create Solutions webinar, Association of Academic Health Centers (AAHC), March 18, 2015 (1 hr)  
Current Trends in Interprofessional Practice and Education webinar, International Association of Medical Science Educators, February 26, 2015 (1 hr)  
Developing Skills at Making Observations, IAMSE webinar, January 15, 2015 (1 hr)  
Moving from Message to Action – The Role of the Learner in Feedback, IAMSE webinar, January 8, 2015 (1 hr)  
Best Tests for a Mechanical Diagnosis, Iowa Physical Therapy Association 6 CEU course, November 8, 2014  
PT Pearls from the Podium, Iowa Physical Therapy Association 6 CEU course, November 7, 2014  
Educational Leadership Conference, October 16, 2013  
Managing a Caseload: A New Look at PT-PTA Teams, APTA webinar, February 23, 2012  
Cummins Model Presentation: Making the Most of Instructional Time with ELLs, Mercy College of Health Sciences Teaching and Learning series, July 8, 2011  
APTA Faculty Development Workshop for New Faculty, Midwestern University, May 19-22, 2011  
Coaching Performance: The Key to Unlocking the Potential of Your People, Mercy Medical Center, May 12, 2011  
Crucial Conversations Workshops/Book Discussions, Mercy Medical Center, January 7, 14, 21, and 28, 2011  
Mercy College Professional Development Day, Item Writing and Analysis, January 17, 2011  
APTA Training and Credentialing of Clinical Instructors, St. Ambrose, January 10-11, 2011

**Professional References:**

Traci Bush, D.P.T., OTR/L, DHS  
Chair, Program Director and Associate Professor  
Doctor of Physical Therapy Program  
Des Moines University  
Des Moines, IA 50312  
(515) 271-1597  
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Sue Bravard, PT, MS  
Physical Therapist Assistant Program Chair  
Mercy College of Health Sciences  
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