

Curriculum Vitae

Mike Ukoha, PT, DPT

Date 8 Apr 2022

Contact Information

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Education

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| 2017 | Doctor of Physical Therapy University of Maryland Baltimore, Baltimore, MD | Physical Therapy |
| 2014 | Bachelor of Science Towson University, Towson, MD Honors College Graduate | Major: Biology |

Professional Certifications

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|--------------|---|-------------|
| 2019-present | Lee Silverman Voice Treatment (LSVT) | LSVT Global |
| 2017-present | BLS for Healthcare Providers (CPR & AED) | AHA |
| 2016-2019 | ASIA International Standards Training E Program | ASIA |
| 2015-present | Otago Exercise Program: Falls Prevention Training | CGEC |

Physical Therapy Licensure

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| 2020-present | Washington DC (active) |
| 2017-present | Maryland (active) |

Employment History

Fox Rehabilitation, Maryland, Washington DC
2020-present Senior Physical Therapist
2017-2020 Staff Physical Therapist

Other Employment

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|-----------|---|---------------------------|
| 2013-2014 | Physiotherapy Associates | Rehabilitation Technician |
| 2012-2013 | Towson University: Sport Clubs | Sports Club Supervisor |
| 2011-2012 | Towson University SGA | Treasurer |
| 2011-2013 | Towson University: Housing & Residence Life | Resident Assistant |

Professional Organization Memberships

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|----------------|--|
| 2016 - present | American Physical Therapy Association, member |
| 2016 - present | American Physical Therapy Association of Maryland, member |
| | 2021 – present Board of Directors, Central District Chair |

2020 - present Diversity, Equity, & Inclusion Committee, Chair
 2016 - 2017 Student Special Interest Group, Founder/President

Honors and Awards

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| 2021 | Steven M. Levine Award | APTA Maryland |
| 2018 | Twenty Tigers in Their Twenties | Towson University Alumni Association |
| 2018 | Honors College Alumni Feature | Towson University Honors College |
| 2017 | GGEAR Award | University of Maryland School of Medicine, PTRS |
| 2017 | Mary M. Rodgers Student Research Award | University of Maryland School of Medicine, PTRS |
| 2016 | Student Leadership Award | APTA Maryland |
| 2016 | Minority Scholarship | APTA |
| 2015, 16' | State Delegate Scholarship | Maryland Higher Education Commission |
| 2015 | Diversity Grant | University of Maryland School of Medicine, PTRS |
| 2014 | University Grant | University of Maryland School of Medicine, PTRS |
| 2013 | Carl V. Henrikson Award | Towson University: Dept of Biological Sciences |
| 2012 | SGA Executive Member of the Year | Towson University |
| 2011 | National Society of Collegiate Scholars | NSCS |
| 2011 | LeaderShape Institute Graduate | LeaderShape Institute: Towson University Chapter |

Clinical Activities

Clinical Expertise

Geriatric Physical Therapy
 Progressive Neurological Disorders
 Fall Prevention Training

Teaching Service

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| 2016 | Professional Issues III Course – DPT Student Loans | University of Maryland, Baltimore |
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Local and National Service

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| 2022 | Bylaws Task Force, Member | APTA of Maryland |
| 2021 | PT Moves Me, Maryland Chapter Ambassador | APTA |
| 2021-present | Live & Grow Mentorship, Founder/Mentor | Live & Grow Mentorship |
| 2021 | Opioid Awareness Day | Baltimore City Health Dept |
| 2021-present | Maryland Delegate | APTA House of Delegates |
| 2020-present | APTA Maryland Mentorship Committee, Member | APTA of Maryland |
| 2020-present | APTA Maryland Social Media & Communications, Member | APTA of Maryland |
| 2016 | APTA Maryland, Alternate Student Delegate | APTA House of Delegates |
| 2016 | Combined Sections Meeting, Student Volunteer | APTA |
| 2015-16 | Baltimore Adaptive Recreation & Sports (BARS), Member | BARS |
| 2015-16 | APTA Student Advocacy Day, Student Advocate | APTA |
| 2015 | APTA House of Delegates, Student Usher | APTA |
| 2015 | Adapted Sports Day, Student Volunteer | UMROI |
| 2015 | Get Ready Get Set Get Fit 5k, PT Student Representative | Baltimore County Dept of Aging |
| 2015 | Adapted Sports Day, Student Volunteer | Medstar Rehabilitation Network |
| 2014 | UMB Interprofessional Day, PT Student Representative | University of Maryland, Baltimore |
| 2014 | Geriatric Case Conference, PT Student Representative | University of Maryland, Baltimore |
| 2014-2015 | Higher Achievement, Mentor | Baltimore City Public Schools |

PUBLICATIONS**Panel Participant – Local**

1. **Ukoha M.** Cultural Awareness in Physical Therapy, University of Maryland, Baltimore, Apr 2022/2021.
2. **Ukoha M,** Goldsmith D, Schammel M, Egan D. Annual Preparing for Graduate School Workshop, Towson University Career Center, Nov 2021-2019.

Posters/Unpublished Abstracts

1. **Ukoha M,** Neely L. **Rehabilitation of Early Parkinson's Disease Population: Improving Balance and Cardiopulmonary Endurance.** Physical Therapy and Rehabilitation Science Research Day, University of Maryland School of Medicine, Baltimore, MD, 2017.

Continuing Education Seminars /Oral presentations

1. **Ukoha M,** Film RJ. **Starting the Conversation: Implicit Bias - Blind Spots in Physical Therapy,** (3 hours) APTA of DC and Maryland, Virtual presentation, November 2021.

Published Multimedia

1. **Ukoha M. Mentorship,** Waves Podcast (Official podcast of APTA Michigan), Feb 2022
2. **Ukoha M. Older Adults & The Apple Watch Series 4: A Debate,** Foxcast PT podcast, Nov 2018.
3. **Ukoha M. Being a New Grad with Fox Rehabilitation,** Foxcast PT podcast, Nov, 2018.