

CURRICULUM VITAE

Matthew Downey, PT, DPT
Board-Certified Specialist in Orthopedic Physical Therapy
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Education and Training

Kaiser Permanente Northern California Rehabilitation Services Education
Orthopedic Manual Physical Therapy Fellowship
Training Center: San Jose
Status: In-Progress, anticipated completion in December 2023

Kaiser Permanente Northern California Rehabilitation Services Education
Orthopedic Physical Therapy Residency
Training Center: South Sacramento
Status: Completed in 2018

California State University, Long Beach (CSULB)
Long Beach, CA
Doctor of Physical Therapy - May 2017
Bachelor of Science in Kinesiology, option in Exercise Science - May 2014

Licensure and Certification

Licensed Physical Therapist
State of California, Physical Therapy Board of California #293287

Board-Certified Clinical Specialist in Orthopedic Physical Therapy
Certified June 2019

Certified Clinical Instructor
Certified January 2021

Functional Movement Technique (FMT) Blades IASTM Certification
Certified March 2021

Professional Experience

Kaiser Permanente San Jose Medical Center, San Jose, CA
Senior Physical Therapist: October 2020 - Present
Staff Physical Therapist: September 2018 - October 2020
Setting: Outpatient Orthopedics

Kaiser Permanente South Sacramento Medical Center, Sacramento, CA
Physical Therapy Resident: September 2017 - August 2018
Kaiser Northern California Orthopedic Physical Therapy Residency
Setting: Outpatient Orthopedics

Selected Professional Development and Continuing Education

APTA Combined Sections Meeting
San Diego, CA, February 2023

APTA Combined Sections Meeting
San Antonio, TX, January 2022

McKenzie B - Cervical Spine
McKenzie Institute
Virtual, November 2021

Mckenzie A - Lumbar Spine
McKenzie Institute
Virtual, July 2021

Certified Clinical Instructor Course Level 1
California Physical Therapy Association
Virtual, January 2021

AASPT Team Concept Conference
Virtual, December 2020

APTA Combined Sections Meeting
Denver, CO, February 2020

Modern Management of the Older Adult: Essential Foundations
Institute of Clinical Excellence
Virtual, January 2020 - March 2020

Shriner's NorCal Sports Medicine Rehabilitation Symposium for the Young Athlete
Shriner's Hospital Northern California
Sacramento, CA November 2019

Tri-State PT Conference
Las Vegas, NV October 2019

LAMP Leadership 101: Personal Leadership Development
Section on Health Policy & Administration
Oakland, CA September 2019

Advanced Concepts in Strength and Conditioning
CPTA Northeast District and Results Physical Therapy Sacramento
Sacramento, CA August 2019

APTA Combined Sections Meeting
Washington DC January 2019

California Physical Therapy Association Annual Conference
Santa Clara, CA September 2018

APTA Combined Sections Meeting
New Orleans, LA February 2018

California Physical Therapy Association Annual Conference
San Diego, CA September 2017

APTA NEXT Conference
Boston, MA June 2017

Spinal HVLA: Clinical Application and Skills Development for the PT Student
California Student SIG & California Orthopedic Manual PT SIG
Union City, CA March 2017

APTA Combined Sections Meeting
San Antonio, TX February 2017

Clinical Practice Update: Physical Therapy Management of Foot and Ankle Conditions
Kaiser Permanente Rehabilitation Services and Kaiser Permanente Stockton
Department of Physical Therapy
Stockton, CA November 2016

California Physical Therapy Association Annual Conference
Santa Clara, CA October 2016

California Physical Therapy Association Student Conclave
San Diego, CA April 2016

APTA Combined Sections Meeting
Anaheim, CA February 2016

California Physical Therapy Association Annual Conference
Pasadena, CA September 2015

California Physical Therapy Association Student Conclave
Sacramento, CA April 2015

California Physical Therapy Association Annual Conference
Oakland, CA October 2014

Honors & Awards

CPTA Rising Star Award
California Physical Therapy Association
August 2017

Outstanding Core Ambassador Award
American Physical Therapy Association Student Assembly
June 2017

Leadership & Service Award
CSULB Physical Therapy Department
May 2017

APTA Minority Scholarship Award
American Physical Therapy Association
April 2017

Student Award in Exercise Science
CSULB Department of Kinesiology
May 2014

Phi Kappa Phi Honor Society Induction
CSULB Phi Kappa Phi Honor Society
April 2012

President's Scholar Scholarship
CSULB President's Scholars Program
May 2010

Service and Involvement

Professional

Protocol Review Team, Kaiser San Jose Rehab Services, 2020 - 2021
Online PT Super User, Kaiser San Jose Rehab Services, 2019 - Present
Technology Super User, Kaiser San Jose Rehab Services, 2019 - Present
Vacation Committee Staff Rep, Kaiser San Jose Rehab Services, 2019 - Present
Reviewer for Kaiser Permanente Northern California CSM Scholarship, 2018
Reviewer for the Journal of Student Physical Therapy Research, 2015

Academic Department

CSU Long Beach, President of Physical Therapy Student Association, 2016
CSU Long Beach, Class Rep for Physical Therapy Student Association, 2014 - 2015

Cultural

Pilipino American Coalition 50th Anniversary Steering Committee, 2020 - 2022
Alumni Advisor for CSULB Pilipino Cultural Night, 2017 - 2018
Marketing Chair for CSULB Pilipino Cultural Night, 2015 - 2016
Tinikling Coordinator for CSULB Pilipino Cultural Night, 2014 - 2015
Finance Coordinator for CSULB Pilipino Cultural Night, 2014 - 2015
President of CSULB Pilipino American Coalition, 2013 - 2014
Secretary of CSULB Pilipino American Coalition, 2012 - 2013
Academic/Alumni Chair of CSULB Pilipino American Coalition, 2011 - 2012
Pilipino American Coalition Alumni Panel/Mixer Invitee, 2018, 2021

Community

Global PT Day of Service, Sponsor Team Chair, 2020 - 2022
Global PT Day of Service, Assistant Director, 2019
Global PT Day of Service, Communications and Outreach Team Chair, 2018
Global PT Day of Service, Communications and Outreach Team Member, 2017
Global PT Day of Service Ambassador, 2016
California Outreach Challenge, Director, 2016 - 2017
CSULB The Organization of Pre-Health Professional Students, PR Chair, 2011 - 2012

Professional Associations

Association Memberships

Academy of Sports Physical Therapy Member, 2019 - Present
Academy of Leadership & Innovation Member, 2019 - Present
Academy of Orthopedic Physical Therapy Member, 2014 - Present
California Physical Therapy Association Member, 2014 - Present
American Physical Therapy Association Member, 2014 - Present

American Physical Therapy Association - Leadership/Volunteering

California Delegate to the APTA House of Delegates, 2018 - Present
Student Assembly Membership Project Committee, 2017

Student Assembly Core Ambassador for California, 2016 - 2017
Student Assembly Involvement & Networking Project Committee, 2016
Student Assembly Community Outreach Project Committee, 2015

California Physical Therapy Association - Leadership/Volunteering

San Jose District Chair, 2023 - Present
San Jose District Newsletter Committee, 2022 - Present
CPTA Centennial Ambassador, 2020
San Jose District Secretary/Treasurer, 2020 - 2021
CPTA Nominating Committee, 2019 - 2021 (Chair, 2021)
CPTA Diversity Task Force Member, 2019
Tri-State Conference Task Force Member, 2019
San Jose District Assembly Representative, 2019 - Present
San Jose District Nominating Committee, 2019 - 2021
CPTA CAL-PT-PAC Committee Trustee, 2018 - 2019
CPTA Annual Conference Task Force Member, 2018
CPTA Membership & Communications Committee Member, 2018 - Present
Northeast District Assembly Representative, 2018
Northeast District Members Services Liaison, 2017 - 2018
CPTA Membership & Communications Committee Student Member, 2017
Student Special Interest Group Nominating Committee Chair, 2016 - 2017
Student Special Interest Group Community Service Committee Chair, 2016 - 2017
Student Special Interest Group Secretary, 2016 - 2017
CPTA Education Committee Student Member, 2015

American Academy of Orthopedic Physical Therapy - Leadership/Volunteering
Academy of Orthopedic PT, Scope of Practice Workgroup, 2022 - Present
Student Mentorship Program, 2017

Invited Presentations and Panels

Downey M, Mongkolvipakul J, *The Physical Therapy Early Professional Resource Guide*. CPTA Annual Conference, Anaheim, CA. September 25, 2022.

Downey M, "Becoming a Physical Therapist" *The Academy of Medical Arts at Carson High School*. Virtual Guest Lecture. May 11, 2021.

Downey M, "Resources for Early Professionals" *San Gabriel Valley Student Led Panel 2020*. Virtual Meeting. September 19, 2020.

Downey M, Leporini L, Marchetti M, *National Advocacy Dinner*. University of the Pacific, Stockton, CA. March 22, 2019.