

CONNIE J KITTLESON

PHYSICAL THERAPIST, EDUCATOR, VOLUNTEER

EDUCATION

Doctor of Physical Therapy,
Concordia University Wisconsin, 2006

Master of Physical Therapy,
Marquette University, 1996 (Summa Cum Laude)

Bachelor of Science, Zoology
University of Wisconsin-Madison, 1991 (with distinction)

PROFESSIONAL EXPERIENCE

Ascension Columbia St. Mary's Ozaukee Hospital
Therapist - Acute and Critical Care, 2006–present

Covenant Rehabilitation Services
Therapist - Acute and Critical Care, 2001–2006

St. Joseph's Hospital – Acute and Critical Care
Senior Staff Therapist, 1997–2001
Staff Physical Therapist, 1996–1997

HONORS

Rookie of the Year, APTA Wisconsin, 1999
Outstanding Service – APTA Wisconsin, 2022

PROFESSIONAL ASSOCIATION ACTIVITIES

APTAWISCONSIN
Delegate, 2011-2018, 2025-present
Nominating Committee, 2020-2024 (Chair, 2024)
JEDI Committee, 2020-present
State Legislative Affairs Committee, 2019-present
Bylaws Committee, 2023-2024
Professional Development Committee, 2022-2023
Director, 2019-2020
President, 2016-2019
Vice President, 2010-2016
Secretary, 2008-2010
Secretary, SE District, 2003-2007
Nominating Committee, SE District, 2000
G.Y.M Taskforce, 1999

WISCONSIN PHYSICAL THERAPY FUND BOARD OF TRUSTEES
Chair, 2002-2015, 2019-present
Trustee, 2001-2002

PROFESSIONAL
MEMBERSHIPS

AMERICAN PHYSICAL THERAPY ASSOCIATION, 1993-present
Acute Care Section Member
Cardiopulmonary Section Member

APTA WISCONSIN
1993-present

TEACHING
EXPERIENCE

Affiliate Clinical Assistant Professor, University of Wisconsin Milwaukee,
2021-present
Cardiopulmonary PT

Adjunct Faculty, University of Wisconsin Milwaukee, 2014-2021
Cardiopulmonary PT

Adjunct Faculty, Marquette University, 2016-2017
Differential Diagnosis

Adjunct Faculty, Concordia University Wisconsin, 2007-2011
Medical Imaging, Scientific Inquiry, & Psychosocial Aspects of Disability

Laboratory Assistant, Marquette University, 2001-2003, 2007-2017
Surface Anatomy

OTHER
PROFESSIONAL
ACTIVITIES

UW-Stevens Point DPT Advisory Board, 2020-present

Concordia University Wisconsin DPT Advisory Board, 2012

Clinical Instructor for PT Intern, 1997, 1999, 2001

Creator & Instructor, Moms-To-Be With Energy, Prenatal Exercise Classes, 1998

POSTER
PRESENTATIONS

The effects of a single dose, complex Intensive Care Unit simulation in DPT students using the Acute Care Confidence Tool. Anderson C, Kittleson C, Schrader S. Bridge the Gap – Acute Care Clinical Education Conference. May, 2022.

Evidence for Practice: Literature Review of the Effects of Weight Loss on Osteoarthritis of the Lower Extremities. Kittleson C, Mollinger-Riemann LA. American Physical Therapy Association's Combined Sections Meeting, 2008.

PUBLICATIONS

Laboratory Tests and Values, Chapter 15
Boissonnault, W. G., & Vanwyke, W. R. (2011-2025). Primary Care for the Physical Therapist: Examination and Triage (2nd, 3rd, & 4th eds.). Elsevier Health Sciences.

Keil AP, Hazle C, Maurer A, Kittleson C, Watson D, Young B, Rezac S, Epsley S, Baranyi B. Referral for Imaging in Physical Therapist Practice: Key Recommendations for Successful Implementation. Physical Therapy. 2021 Mar 3;101(3)

PROFESSIONAL
SEMINARS &
PRESENTATIONS
GIVEN

Brain Heart Connection
Academy of Cardiopulmonary Vascular PT Annual Conference, 2024

Clinical Decision-Making for Exercise Rehab in the ICU
Ascension Wisconsin, 2023

Laboratory Values of Importance to the Outpatient Practitioner
APTA Tennessee, 2023

Understanding Rehab Exercise Implications of Abnormal Laboratory Values
APTA Wisconsin, 2021

Coming Out of the Pandemic Better Than Before
APTA Wisconsin, 2021

Referral for Imaging: Autonomy and Accountability
APTA CSM, 2019

Imaging: A Primer for the PT
APTA Wisconsin, 2018

Resuscitate Your Cardiac Knowledge
Wheaton Healthcare 2014; Waukesha Memorial Hospital, 2015

Autonomous Practice & Clinical Decision Making
Waukesha Memorial, 2014

PT Advocacy
multiple universities, 2011-present

Clinical Emergency Procedures
APTA Wisconsin, 2011

Should I or Shouldn't I? Clinical Decision Making
APTA Wisconsin 2010, Berlin Hospital 2010, Wheaton Franciscan 2010,
NE District 2013

Integrating Laboratory Tests and Values into Clinical Decision Making,
multiple institutions & universities, 2003-present

Emergency PT – Treating at a New Level of Care
multiple conferences, 2003-2005

Physical Therapy in the ICU – Lines and Monitors
multiple institutions & universities, 1998-present

Musculoskeletal Disorders for Dental Professionals
Washington Ozaukee County Dental Society, 2000 & 2015

Protective Splinting for LE
Poster Presentation, St. Joseph's Hospital, Skin Fair, 1999-2000

Posture & Body Mechanics
Poster Presentation, St. Joseph's Hospital, Safety Fair, 1999

PROFESSIONAL
SEMINARS &
PRESENTATIONS
GIVEN

Wound Care Into the Next Millennium
St. Joseph's Hospital, 1998

The Role of Pulsed Lavage in Wound Care
St. Joseph's Hospital, 1997-1998

PT & the Patient with ALS
Southeast Wisconsin ALS Support Group, 1998

Assistive Device Training Video
St. Joseph's Hospital, 1998

How to Use a Walker, Cane, Crutches Videos
St. Joseph's Hospital, 1998

HOSPITAL
COMMITTEES

Laboratory Values Work Group, Ascension Wisconsin, 2024

Employee Wellness Committee, 1996-2001

Subacute Continuous Quality Improvement Committee, 1997-1998

Acute Care Redesign Committee, 1998

Model of Care Team, 1998

Wound Care Implementation Team, 1998

Computer Documentation Committee, 1998-1999

Chest PT team, 1999

Pharmacology Team, 1999

COMMUNITY
SERVICE

MEQUON THIENSVILLE EDUCATION FOUNDATION
Board of Directors 2016-2022 (Emeritus 2022-present)
Tartan Bash (Raffle Chair 2016, Corporate/Underwriting Chair 2017,
Registration Chair 2018-2021)
5K Color Run Chair, 2017-2019, 2021

HOMESTEAD BOOSTER CLUB
Secretary 2021-2022

HOMESTEAD HIGH SCHOOL PTSO
President, 2020-2021
Vice President, 2019-2020
Editor, 2020-2022
Coordinator 2018-2022

LAKESHORE MIDDLE SCHOOL PTO
Website & Newsletter Director, 2017-2018

DONGES BAY ELEMENTARY PTO
President, 2013-2014
Vice President, 2012-2013