Sample Biography

Janet Bezner is an Associate Professor in the Department of Physical Therapy at Texas State University. Bezner teaches, conducts research on physical activity and provides service to the university community. She received her bachelor’s degree in physical therapy at the University of Texas Medical Branch, her master’s degree from Texas Woman’s University, her PhD degree in health education from the University of Texas and a DPT degree from Rocky Mountain University of Health Professions. Prior to joining Texas State in August 2014, she was Vice President of Education, Governance and Administration at the American Physical Therapy Association and prior to that, senior vice president for PeakCare, Inc, a health care technology firm, where she managed the development of a wellness and prevention software and video library aimed at employers to assist in decreasing health care costs associated with illness and injury at work. Bezner spent 7 years teaching physical therapy at Southwest Texas State University (now Texas State University) in San Marcos, Texas, and has practiced in a variety of health care settings, including hospitals, home health, long-term care and corporate wellness. Bezner served on APTA’s Board of Directors prior to joining its staff and is a recipient of the Lucy Blair Service Award. Bezner is a graduate of the 2009 Leadership Alexandria program and has completed a national training summit on physical activity. She is an experienced speaker and facilitator on topics related to leadership, personal development, strategic planning, and health promotion and wellness.